



St Thomas College Kozhencherry

Extension Activities 2021-2022



**PROGRAMMES INITIATED BY
NSS UNIT,
ST. THOMAS COLLEGE,
KOZHENCHERRY
2021-2022**

1. WORLD ENVIRONMENT DAY:

As a part of World Environment Day, an environment week was observed by the NSS unit of our college from June 1 to June 6 2021. Various activities were conducted in relation to this year's theme - 'Ecosystem Restoration'. Volunteers made different crafts and essential items from recyclable plastics and their procedures were displayed in a video and circulated on social media as means of inspiration to others and an encouragement for the dutiful students. Paper bags were also made to discourage the extensive use of plastic carry bags.

Link: https://youtu.be/B_104A-7ui8

Participants:

Video: Anantha Krishna (D2 History)

Pictures:Merin Varughese(D2 History) & Sreelakshmi KM (D2 Malayalam)

Editing: Abin Jojo(D2 Bcom Finance)

Crafts and paper bag making:

- a. Sonia. Thomas(D2 Chemistry)
- b. Anuja PV(D1 Mathematics)
- c. Surya. S(D1 Economics)
- d. Noufi. N(D2 Chemistry)

All the volunteers in our NSS unit planted at least one sapling in their locality. Our volunteers also took part in the Environmental week celebrations initiated by the college. These programmes helped in highlighting the need of environmental preservation in this alarming hour.



**WORLD ENVIRONMENT DAY|RECYCLING THROUGH CRAFT|NSS| STC
KOZHENCHERRY**



**WORLD ENVIRONMENT DAY|RECYCLING THROUGH CRAFT|NSS| STC
KOZHENCHERRY**

2. WORLD FOOD SAFETY DAY

Our NSS volunteers created a presentation on the occasion of World Food Safety Day on June 7, 2021, highlighting the importance of this year's theme - 'Safe food today for a healthy tomorrow'. The presentation, enlightening us about the difference between healthy and junk foods, also focused on the food habits to be followed during the month of Karkidakam especially in the middle of a pandemic.

Link: <https://youtu.be/lgbcWZXD92w>

Participants

Anu H

Aiswarya Sreekumar

Devika R

Doniya Binoj

Revathi Vinu

Rohit Mohan

Jewel V George

Bobin Babu Mathew



3. WORLD OCEAN DAY:

June 8, World Ocean Day was observed by our NSS volunteers by coming together to bring forth an awareness video on the theme - "Save the Sea to See the Future". This served as a reminder of our responsibility in preserving our oceans for our future generations.

Link: <https://youtu.be/nZf8hWUW6bs>



WORLD OCEAN DAY | സമുദ്ര ദിനം | NSS | STC KOZHENCHERRY ❤️

4. WORLD DAY AGAINST CHILD LABOUR

Understanding the gravity of the day, June 12, World Day Against Child Labour was commemorated by the volunteers by creating a video stressing on the year's theme - "Act Now: End Child Labour". It also conveyed the hard truth that 'life of little ones are destroyed when Child labour is employed'.

Link: https://youtu.be/AdmGRkRH_6I



Day Against Child Labour | NSS | STC KOZHENCHERRY

5. ANEMIA PREVENTION CAMPAIGN

Our volunteers participated in the Anemia Prevention Awareness campaign organized by the Women & Child Development Department, Kerala and ICDS Elanthoor. The webinar, conducted via Google Meet on June 12, 2021 was led by Dr. P N Padma Kumari, Dy. DMO and NCD Programme Nodal Officer, Pathanamthitta.

6. INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

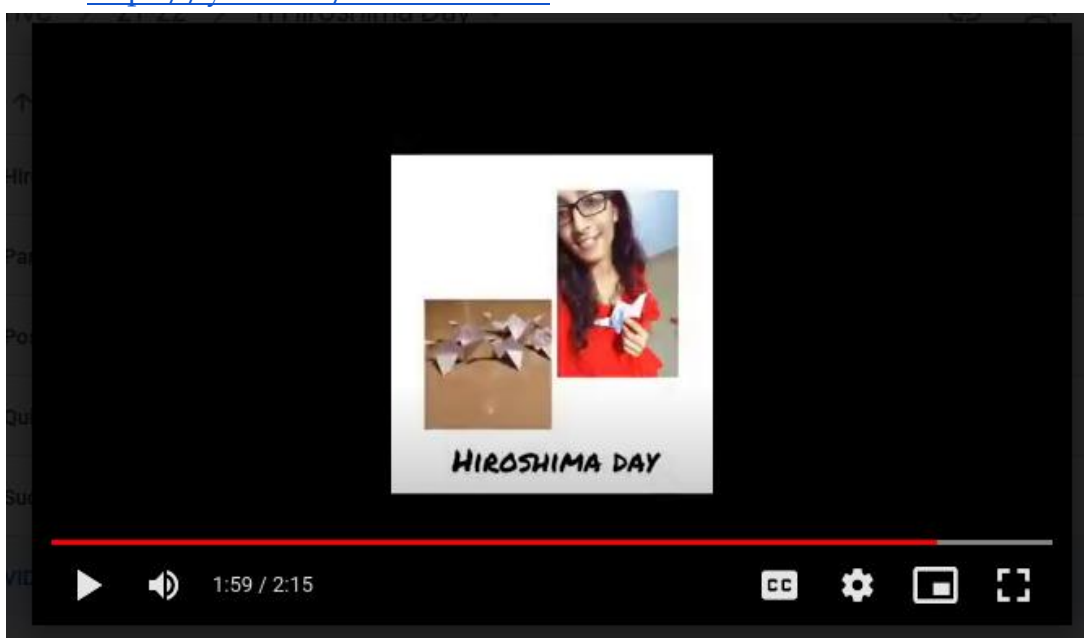
All our 91 NSS volunteers took part in the "Saying No to Drug Use" campaign by taking oaths on June 26, International Day against Drug Abuse and Illicit Trafficking. An **awareness video** was made highlighting the year's theme - "Addressing drug challenges in health and humanitarian crisis" and that Saying Yes to Drugs is the Biggest mistake you can make in your life.



7. HIROSHIMA - NAGASAKI DAY

On August 6 on the account of Hiroshima Nagasaki day, NSS volunteers of St. Thomas college Kozhencherry made 'Beaks of Peace' (paper cranes) which were made into a video. An online quiz competition was also conducted on August 9, 2021 which was based on the topics - Quit India movement and Hiroshima and Nagasaki Day.

Link: <https://youtu.be/d2XTnDXrb-4>



8. WORLD ORGAN DONATION DAY

On August 13, World Organ Donation Day, our volunteers helped to spread awareness about the importance of organ donation and throw light on the

challenges faced in relation to donating organs through an informative video presentation, also including artworks done by our members.

Link: <https://youtu.be/LBxV91G7WSM>

Participants:

Priscamol Sunny

Sonia Thomas

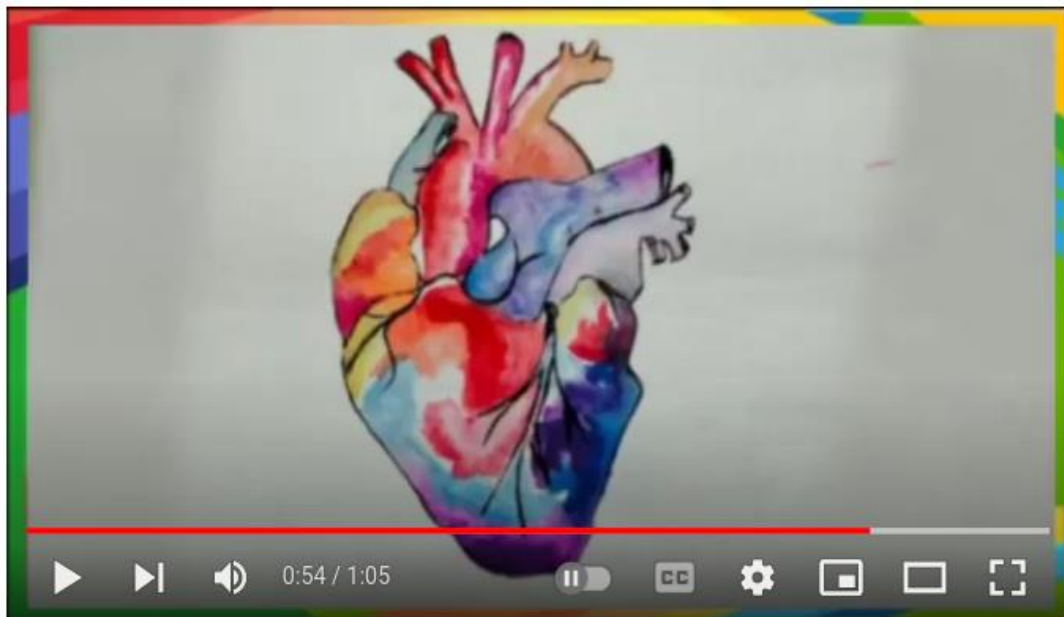
Reshma AR

Sinu K Wilson

Kavya Nanda Nair

Anuja P V

Merin Varughese



WORLD ORGAN DONATION DAY| NSS |STC|KOZHENCHERRY

9. INDEPENDENCE DAY

On the occasion of our 75th Independence day, a **patriotic song video** was created and also a speech competition was conducted on the theme 'Independence of India in 2040'.

Link: <https://youtu.be/e6oGycqecTE>



75th Independence Day|HAPPY INDEPENDENCE DAY|NSS_STC_KOZHENCHERRY

10. WORLD PHOTOGRAPHY DAY

For World Photography Day on August 19, a photography competition was conducted on the theme 'E-Onam' and the winners were announced.



11. STUDY KIT DISTRIBUTION

On September 5, International Day of Charity, as a continuation of the Angamuzhi Project taken up by our NSS Unit in the year 2020-21, a "5 Rupee challenge" was started that requested the students, teachers and the general public to join hands for a good cause by donating 5 Rupees each. The fund collected was used to distribute study kits to the kids of the tribal colony in Angamuzhi.



12. WORLD OZONE DAY

On September 16, World Ozone Day, a video was created enlightening us on this year's theme - "Montreal Protocol – keeping us, our food and vaccines cool."

Link: https://www.youtube.com/watch?v=z3_LfZa5F5I



Save ozone to save lives|🌍Ozone Day🌱|NSS|STC|Kozhencherry

13. ALZHEIMER'S DAY

In relation to Alzheimer's Day (September 21), a Quiz Competition on the topic - "Peace and Non-violence" was organized by the volunteers of our unit in association with **Koode**, the Kerala Chapter of Myra-EK Pahel which aims to provide free supplementary online education to under-served children.

14. NSS DAY

NSS Day was observed on September 24, 2021 by our unit with great pride and joy. An oath taking ceremony was organized. We took an initiative to clean our campus.



15. ST. MARY'S SCHOOL CLEANING:

In connection with the school reopening after post-COVID, our NSS volunteers did a cleaning and sanitation of the school campus of St Mary's Girls High School, Kozhencherry on October 22, 2021.





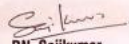
**ST. MARY'S GIRLS HIGH SCHOOL
KOZHENCHERRY**

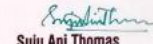
CERTIFICATE

We hereby express our sincere appreciation to all the volunteers and to the NSS Programme Officer for the social service provided for our school sanitization and cleaning campaign organized by N.S.S. Unit of St. Thomas College, Kozhencherry in connection with the reopening of school after Covid-19 pandemic. We admire your dedication and service to the society.

Kozhencherry
22/10/2021




P.N. Sajikumar
PTA President


Suju Ani Thomas
Headmistress

16. FLOOD RELIEF

Our unit took part in the flood relief activities in our district by joining hands to organize a collection campaign and distributed food kits to the families in the region of Kurunthar, Aranmula on October 25, 2021.



17. WORLD ANTIMICROBIAL AWARENESS WEEK

World Antimicrobial Awareness is celebrated from 18-24 November every year. The 2021 theme was "Spread Awareness, Stop Resistance". Our NSS Unit together with Dept of Food Safety, Pathanamthitta District organized an awareness campaign on 24 November 2021.



18. WORLD AIDS DAY:

World Aids Day is celebrated on December 1 every year. All NSS volunteers took a pledge to protect the loved ones and oneself by fighting against the disease as a community.



19. NATIONAL ENERGY CONSERVATION DAY

In relation to National Energy Conservation Day, December 14, our unit organized an Online Quiz Competition on the 12th of December, 2021.

20. ANJAPPAM INITIATIVE

To spread the importance of the message of love and care during the time of Christmas, our unit took an initiative to sell 100 cakes and the proceeds were donated to Anjappam, a social restaurant, an initiative by the community, for the community.

21. SPECIAL CAMP:

National Service Scheme at St. Thomas College, Kozhencherry conducted "DHWANI" - a seven day camp for its volunteers from 24th to 30th December, 2021. The camp was conducted with 3 days in the online mode and 4 days in the residential mode at college campus with strict accordance to regulations put forward by the Government. Only half of the volunteers had the opportunity to attend the residential camp-days due to the regulations put in place with regards to the COVID pandemic.

This seven-day camp which is conducted every year is of great importance to every NSS volunteer as it helps in building their character, empathy with their peers, social manners, and most importantly friendships and a sense of togetherness.

"DHWANI" was inaugurated by the respected Principal of the college Dr. Roy George K on 24th December, 2021 4:00 pm via Google Meet. The seven day camp was flagged off by singing the NSS Theme song. The welcome speech and camp introduction were delivered by the Volunteer Secretaries Parvathy P H and Bobin Babu Mathew. Programme Officers Prof. Susan George gave the Presidential address and Prof. Laby Cheriyan Ponnose delivered the felicitation.

At 7.00 pm, volunteers were given instructions regarding conducting of the camp, formation of groups, time schedules and programmes to be conducted on each day.

The camp was conducted online on 25th and 26th of December. Starting from 7.00 am senior volunteer Amalendhu led the yoga session till 8.00 am. Assembly was conducted from 8.00 to 8.30 am. Volunteers were grouped into seven groups and were assigned to do work each day. Each day the respective groups conducted assemblies and the assigned work for seven days. Each assembly consisted of NSS song, report, thought for the day, and news. The work session was from 10 to 12 noon. The class session was conducted after the work session in the afternoon. The cultural session was conducted at night from 7.00 -9.00 pm.

On 25th volunteers made cotton carry bags raising awareness against plastic pollution. The class session was led by former volunteer secretary Abin

George Mathew who explained the history of NSS and his experience in NSS. He gave volunteers clear guidance about NSS and it was a fun experience for all. On 26th volunteers made paper pens and promoted the use of eco-friendly gadgets. The class session was taken by Adv. Uzhavoor Sasi who practices in Mumbai High Court. He took a class on the topic "Rights of Children and Rehabilitation of Broken Family". On both days the cultural session was conducted by respective volunteer groups through an online platform and was concluded with a camp review of each day.

On 27th December offline camp was started and by 9.30 all volunteers were present at the college. On the first day of offline camp, volunteers cleaned the college surroundings during the work session. In the afternoon two classes were conducted. The first class was by V R Vimal Raj sir who talked about kathakali and its heritage and lasted one hour from 1.30 to 2.30 pm. The second class was led by former NSS programme officer, Arun John. He engaged volunteers with various character development games and interactive talks. Later in the evening, group 3 performed the cultural events which concluded by 9.00 pm and lights were put off by 10.00 pm.

On 28th yoga session started at 6.30am and ended by 7.00am and after that group 4 conducted the assembly. From 8.30am to 12.30pm volunteers were given vegetable seeds and were asked to plant it to make a vegetable orchard. At 1.30pm the executive director of Dhisha pathanamthitta, Shan Ramesh Gopan took the class session and talked to the volunteers about gender neutrality and engaged them in games. And at 6pm cultural events were conducted which were concluded by 9.00pm and by 10.00pm lights were put off.

On 29th yoga session started at 6.30am and assembly was concluded by 7.30am. Volunteers were given an indoor project from 8.30am to 12.30pm to develop their ideas and present them in a student-friendly and modern-age educational institution. Later at 1.30 pm Dr. Neena Suresh came to take the class session on the topic "Happiness", it concluded by 3.00pm. cultural events started at 6.30pm and concluded by 9.00pm and by 10.00pm lights were turned off.

On the last day of the camp, the yoga session started at 6.30 am and was concluded by an assembly at 7.15 am. at 8.30 camp was concluded and camp reviews were delivered by the programme officers Laby Cheriyan Ponnose and Susan George. The camp experience was shared by junior volunteer Megha J, volunteer secretary Parvathy P H, and discipline ceo Blesson Mathew. The college principal Roy George K sir came to give his wishes to the volunteers on their successful participation in the camp. Thus, the seven-day camp "DHWANI20211" was concluded on 30th December by 11.00 am.



22. MARAMON CONVENTION NAGAR CLEANING

On February 18, 2022 our volunteers took part in the initiative to clean the Convention Nagar during this year's Maramon Convention.



23. HELPING HAND:

Our volunteers collected a fund which was donated to help the differently-abled children at Asha Bhavan, Pidavoor, Pathanapuram. A patient in need of an Ortho surgery at Government Hospital, Kozhencherry was also supported by giving a small financial aid.



24. INTERNATIONAL WOMEN'S DAY

On the occasion of International Women's Day, on March 8, as part of employment-based women empowerment, our NSS volunteers provided an opportunity to achieve self sufficiency by handing over a sewing machine to an unemployed woman.



25. BLOOD DONATION CAMP

Blood Donors Kerala Pathanamthitta, in association with our Unit and Blood Bank- General Hospital, Pathanamthitta, organized a blood donation camp at our college on March 22, 2022 encouraging our volunteers and other students to become blood donors and thereby to do what they can to save lives.



26. WORLD WATER DAY

Our NSS unit in association with Jal Jeevan Mission, Kozhencherry Grama Panchayat, cleaned the banks of the river Pamba as part of the World Water Day on March 22, 2022.



27. BOOK REVIEW COMPETITION

Our unit conducted a book review competition - "Akshara Pacha" on May 28, 2022. The competition was inaugurated by Dr. Nibulal Vettoor, Assistant Professor in Malayalam, Baselius College, Kottayam.



**PROGRAMMES INITIATED BY
NCC UNIT,
ST. THOMAS COLLEGE,
KOZHENCHERRY
2021-2022**

28. EX NCC YOGIDAN (13-05-2021 TO 31-05-2021)

During the Covid-19 lockdown situation the NCC cadets from this company got an opportunity to assist Kerala Police by supporting in the civil administration and also a traffic duty.

29. ENVIRONMENT DAY CELEBRATION

Due to pandemic situation the cadets of this company celebrated Environment Day staying at home. They cleaned their surroundings and made them free from plastic. They also planted tree saplings as a part of the celebration.

30. WORLD DAY AGAINST, CHILD LABOUR:

On June 12, 2021 the cadets of this company celebrated the World Day Against child Labour. Posters and drawings were made against child labour and was shared on a website of NCC. This platform was made for uploading activities during the covid-19 situation.

31. INTERNATIONAL YOGA DAY:

The International Day of Yoga aims to raise awareness world wide of the many benefits of practicing yoga. On the theme 'Yoga For Wellness' and for physical and mental well being, the cadets of this company shared a photograph of practicing yoga and also the benefits of the asana of yoga they have performed.

32. NCC DAY CELEBRATION:

National Cadet Corps, the largest uniformed youth organisation in the world, celebrated its 73rd Raising Day on 26th November 2021. As a part of the day from this company conducted a unity run from the P.Kesavan at Kozhencherry to the College. It was a friendly run to make awareness about physical strength.

33. BIG SALUTE:

The cadets of the colleges did a tribute to the head of the armed forces General Bipin Rawat and other brave soldiers who lost their lives in a helicopter crash on 8 December 2021.

34. PUNIT SAGAR ABHIYAN:

Cadets of the company along with PI staffs and ANO cleaned the banks of Pamba river at Kozhencherry and its surroundings.



**PROGRAMMES INITIATED BY
DEPARTMENT AND CLUBS,
ST. THOMAS COLLEGE,
KOZHENCHERRY
2021-2022**

TOGETHER TOWARDS LIFE: A TOILET CONSTRUCTION PROJECT IN AMBALAPARA, RANNI:

Together Towards Life Community Development Project of Anjappam Charitable Society, SCM Kerala & Department of Commerce, St. Thomas College, Kozhencherry TTL 2021 - 2022: LIFE-ENHANCING PHASE (House/Toilet Construction).

Project Completion Report

Project: Toilet Construction - 1

Location: Ambalappara, Mothiravayal, Ranni

Beneficiary: Mrs & Mr. Kunjunju Malampurathu Adichipuzha P.O. Ambalappara, Mothiravayal, Pathanamthitta District, Kerala Contact: 8086589410

Resources by: Department of Commerce, St. Thomas College

Coordination: Together Towards Life Project Team

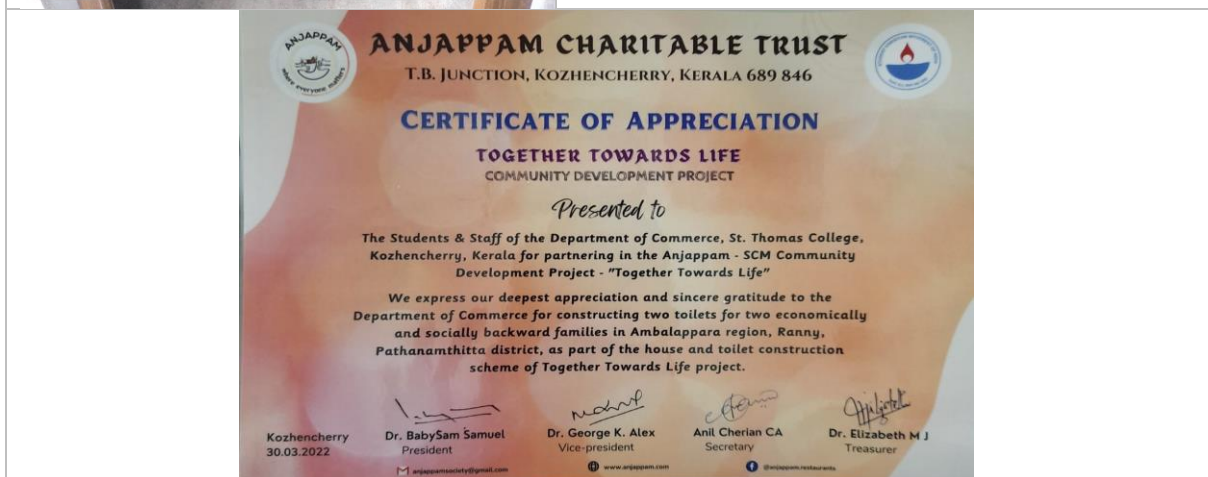
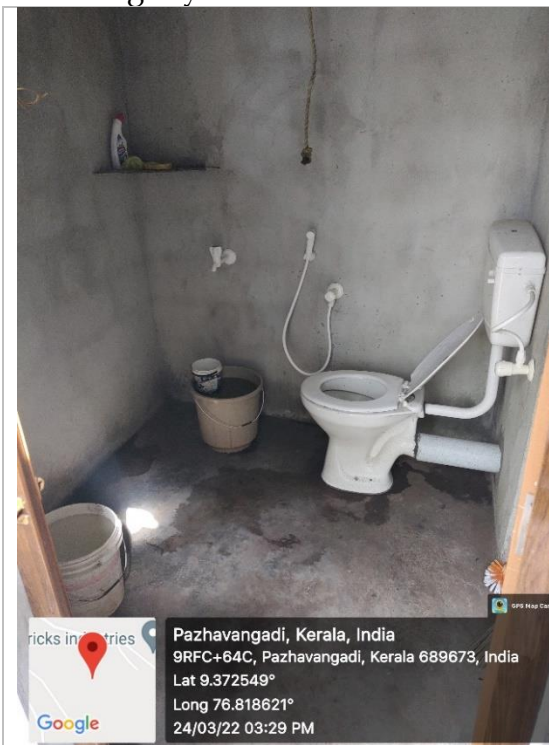
“Together Towards Life” is a Community Development Project jointly initiated by Anjappam Charitable Society and SCM Kerala in response to the Kerala floods in 2018. The present edition, TTL 2021- 2022, is partnered with the Department of Commerce, St. Thomas College to engage holistically in the life enrichment process of the local community in Ambalappara, near Ranni, Pathanamthitta district. The inhabitants of Ambalappara are basically landless people who have settled on government revenue land. The majority among them are Dalits. The financial backwardness is intermingled with social and cultural factors. Due to these, they experience an 'invisibility' or 'non-verbal' social exclusion and marginalisation. Such alienation has severely affected the perspectives and the motivation of the young minds as well as the elders. TTL 2021- 2022 has a specific focus on addressing the comprehensive development of the youth of Ambalappara. The inspiration for this initiative is the 86th amendment of the Constitution of India which guarantees the right to compulsory education to its citizens 1 between the age of 6 to 14. Many students in the above-mentioned place are unable to fully utilise this birthright due to certain social, economical and cultural reasons. The broader aim of this initiative is to establish this fundamental right of the students. The project is accompanying the youth to inspire and equip themselves to develop:

- a. ● their attitude and approaches to life situations and possibilities;
- b. ● their learning skills and academic life;
- c. ● their social and career skills;
- d. ● their commitment to the community and its development;
- e. ● their search for the meaning and beauty of life.

Along with the support to the youth and students of the community, TTL envisages supporting and enabling families struggling to have safe homes and hygienic sanitational facilities.

Toilet Construction 2: Mr. Kunjunju, aged 76, and his wife Ammini, aged 71, belong to a socially and financially backward family. They have two sons and a daughter who are living with their families. Along with their financial crises and old age issues, they were daily struggling without a proper toilet facility. They either used their neighbour's toilet which is away or their own premises.

Realising the pathetic situation faced by Mr. Kunjunju, the TTL team decided to provide a toilet facility attached to their home which was an immediate and daily need of the parents. The construction expenses for the toilet was rupees thirty-six thousand six hundred and forty-three only (Rs.36,643.00). The construction of the toilet started in the third week of January 2022. The new toilet is attached to the house easing the old parents. The total area of the toilet facility is 45 sq feet. The facility has a European closet and ample bath space. This is the second toilet constructed by the Department. The toilet construction was timely and huge support for the old age parents. Now they can avoid an open area or neighbour's toilet, thus enabling their old age with ease and dignity.



35. TOGETHER TOWARDS LIFE: A LIFE ENRICHMENT TRAINING PROGRAMMES:

The extension activity, “Live, Learn & Light up” of Post Graduate Department of Commerce & Research Centre, St. Thomas College, Kozhencherry is meant to encourage the stakeholders of the department to ignite, uplift and equip the younger generation of Ambalapara village in collaboration with Anjappam and SCM.

Live, Learn & Light up programme was held on 18th December 2021, Saturday at 2:00 PM in Dr. Juhanon MarThoma Hall. The extension activity under the Department of Commerce offer services and activities for the upliftment of Ambalapara, a rural village in Ranni Taluk, Pathanamthitta District. About 28 students from Ambalapara village participated in this programme. The programme commenced with a warm welcome to all the participants of the session. The official meeting began with a prayer song by Ms. Praseeda K C, first year UG student. Then, Dr. Leena K Cherian, Co-ordinator of the programme & Assistant Professor, Department of Commerce, delivered the Welcome speech and cordially welcomed the gathering. The programme aims to instill the idea of social welfare in students and works to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.

The programme was then followed by a Christmas Carol song by the students of Commerce Department Ms. Reshma Elsa John, Ms. Tessy Thankachen and team.

The meeting was presided over by the Principal of the College, Dr. Roy George K. who highlighted the significance of social responsibility of every individual. He appreciated the efforts of the department with great rejoice. After the Principal’s speech, a melodious song was sung by Ms. Nissy P Babu. This was followed by an enlightening and encouraging speech by the Chief guest of the programme, Rev. Fr. Biju A S, an ardent mentor of the natives of Ambalapara, who had delivered a valuable and motivating speech about the role of youth on social welfare. The representatives of Kerala SCM and Anjappam, Mr. Lovewin Cherian, Mr. Christy Mathew John were also present as the special guests of the programme.

The students from Ambalapara, Ms. Arya Manoj, Aksa and Anupama showed their talent in front of the audience by presenting a beautiful group dance performance. The programme was then followed by the introduction of all the students present in the session. The introduction session was followed by a Quiz competition organised by final year PG students Ms. Aiswarya, Reshma and Betsy. The students were divided into four teams. The quiz session was filled with information which included questions from different areas like current affairs, general knowledge, business, sports, literature, commerce etc. The students actively participated in this Quiz competition which enlightened them with more knowledge.

After that, a Paper craft work class was held by Ms. Sruthy R Nath of first year PG. The students were trained on making paper baskets and they got a chance to clarify doubts they had in this matter. After the class, the students were well

aware on how to make paper baskets. This was followed by an interactive and interesting Game session to entertain the students and all of them played well with good team spirit.

After that, Prize distribution was done by Mr. Justin Thomas Philip, Co-ordinator of the programme & Assistant Professor, Department of Commerce. He distributed the prizes among the participants as a token of appreciation and also handed over the gifts and study materials collected from the entire students of the Commerce Department for the students of Ambalapara village. This was followed by a Campus tour to introduce and guide the visitors to familiarize them with Kozhencherry St. Thomas College campus including College Library, Solar panel power project of Commerce Department etc. The campus visit was very much informative and fruitful for the students not only for their academic performance but also for enriching their awareness about the legacy of the College.

By about 5:00 PM, the programme came to an end with the Vote of thanks proposed by Convenor, Mrs. Ria Mammen, Assistant Professor, Department of Commerce.

There was great enthusiasm among the students and they were looking highly spirited throughout the session. The students were served light refreshment. Feedback from the students reads that they are satisfied and demanding more such visits. They also attested that it was their first experience in this manner so far. The main outcome was to enhance the skills and knowledge content of the students and to provide them with a unique and best experience.

The Commerce Department has consistently interacted with the society, especially to make awareness about social responsibility for solving the problems of weaker sections of the society and to inculcate social commitment for the cause of value based higher education, community building and universal brotherhood. About 15 enthusiastic student volunteers co-operated with the programme by providing help and instructions for the visitors and in giving assistance to the organizing team. All the Faculty and students of the Commerce Department put in their best to make the programme a grand success.



ST. THOMAS COLLEGE, KOZHENCHERRY

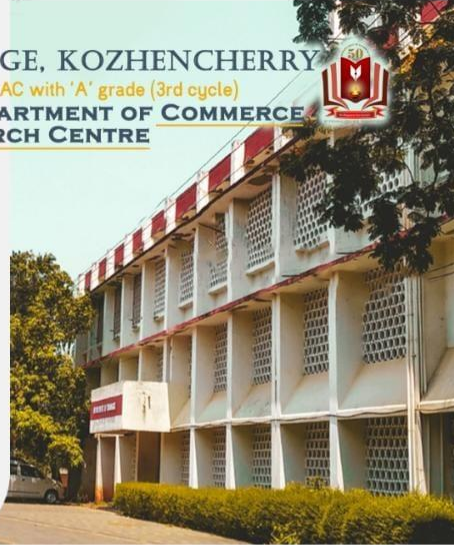
Reaccredited by NAAC with 'A' grade (3rd cycle)

POST GRADUATE DEPARTMENT OF COMMERCE & RESEARCH CENTRE



LIVE LEARN & LIGHT UP

WITH COMMERCE DEPARTMENT
ST THOMAS COLLEGE
KOZHENCHERRY



The extension activity, "Live Learn Light up" is meant to encourage the stakeholders of the department to ignite, uplift and equip the younger generation of Ambalapara village in collaboration with Anjappam and SCM



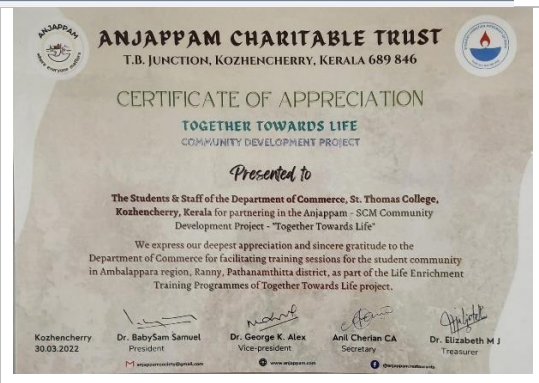
18th
DECEMBER
2021
SATURDAY
2PM

Principal **Dr. Roy George K**
HOD **Dr. Jyothis T**
Convenor **Ms. Ria Mammen**
Coordinators
Dr. Leena K Cherian
Mr. Justin Thomas Philip
Student Coordinator
Miss. Aiswarya Thulaseedharan

Organising Committee
Mr. Rejy K Thariyan
Ms. Bettymol Elizabeth Thampy
Dr. Jaya Jacob M
Mr. Ajith Thomas
Ms. Jeethu Rachel Mathew
Ms. Neethu Mariam Ajith
Mr. Laby Cherian Punnoose
Mr. Mathews John

Venue

Dr. Juhanon MarThoma Hall, St Thomas College Kozhencherry



36. KARSHAKAMITHRA-COMMUNITY EXTENSION PROGRAMME (15TH JULY 2021)

The Post Graduate and Research Department of Botany, St. Thomas College, Kozhencherry has been consistently interacted with the society, especially to make awareness about the scientific knowledge for solving the problems of farmers and weaker sections of the society. On 15th of July 2021, 'Karshakamithra' an extension activity, jointly organized by under department of Botany and Central Integrated Pest Management Centre (CIPMC), Ernakulam offered services and activities for the famers residing in Kozhencherry Panchayat. CIPMC, Ernakulam is a wing under Directorate of Plant Protection, Quarantine & Storage) Department of Agriculture, Cooperation & Farmers Welfare, Ministry of Agriculture & Farmers Welfare, Government of India. Due to Covid '19 pandemic protocol of govt. of Kerala, only 15 pre-registered farmers were allowed to participate in the program.

TECHNICAL SESSION - I: "Integrated Pest Management" by Mr. Milu Mathews, Plant Protection Officer, CIPMC, Ernakulam.

The first technical session was led by Mr. Milu Mathews, Plant Protection Officer, CIPMC, Ernakulam, Govt. of India, in which the facts, figures and the milestones in the IPM were discussed. He focused on the importance of friendly pests like *Trichogramma*, pest traps etc in the agriculture fields. He stated that the concentration of population in urban areas and change in consumption behavior had led to enormous increase in use of pesticides and fertilizers. He also discussed the possible strategies and framework required towards IPM. Mr. Milu Mathews, further cited of good practices, successful examples and other mechanisms in the nation and other countries towards IPM strategies. He discussed the view that the risks of anthropogenic activities impose practical responsibilities, some of which are prudential and some of which are ethical. He claimed that while these views are plausible, they would require revising our conceptions of moral and political responsibility. He also suggested that in addition to whatever duties are generated by these responsibilities, another duty—respect for nature—also seems engaged by the risk of pesticide pollution. After the presentation, there were many participants who had queries on IPM.


TECHNICAL SESSION - II: Effects of Herbicides and Pesticides Use

The second session was on the problems caused by overuse of herbicides and pesticides in Agriculture sector by Mr. Tom Cherian, Asst. Plant Protection Officer, CIPMC, Ernakulam. Pesticides are used to kill the pests and insects which attack on crops and harm them. Different kinds of pesticides have been used for crop protection for centuries. Excessive use of pesticides may lead to the destruction of biodiversity. Many birds, aquatic organisms and animals are

under the threat of harmful pesticides for their survival. Pesticides are a concern for sustainability of environment and global stability.

Exhibition of IPM Materials

A small exhibition was also conducted by the CIPMC team to the farmers. It included different kinds of pest traps, handbooks on agriculture, eggs of *Trichogramma* fly, different pests and their stages, *Pseudomonas*, *Trichoderma*, sprayers, gum boots etc. Certificates were distributed to participating farmers by Dr. Leena Abraham (HoD of Botany, St. Thomas College, Kozhecherry). Handbooks on agriculture, eggs of *Trichogramma*, sprayers, gum 3 boots etc. were also distributed to farmers at free of cost. The program was concluded with a discussion with the participants followed by a vote of thanks delivered Ms. Adheena Elza Johns, Asst. Professor, Dept. of Botany.



KARSHAKA MITHRA
(COMMUNITY EXTENSION PROGRAMME)

Organised By
PG & RESEARCH DEPARTMENT OF BOTANY
(DST- FIST Sponsored Department)
St. Thomas College, Kozhencherry
Reaccredited by NAAC with A Grade (3rd Cycle)


In association with
CENTRAL INTEGRATED PEST MANAGEMENT CENTRE (CIPMC), ERNAKULAM
(Directorate of Plant Protection, Quarantine & Storage)
Department of Agriculture, Cooperation & Farmers Welfare,
Ministry of Agriculture & Farmers Welfare, Government of India

Dr. Roy K. George (Principal)
Dr. Leena Abraham (HOD, Department of Botany)
Dr. Lini K. Mathew (Programme Coordinator)

Resource Persons
□ Mr. Milu Mathew, Plant Protection Officer.
□ Mr. Tom Cherian, Assistant Plant Protection Officer
□ Ms. Agnes Jose, Technical Officer

Organising Committee:
Dr. Anju V. Jalaj
Ms. Adheena Elsa Johns
Ms. Suji Anna Varghese

Limited seats are available
TARGET AUDIENCE: FARMERS
For registration contact
Phone: 8281361347
email: botany@stthomascollege.info
Date & Time:
15.07.2021 (Thursday) @ 11.00 am
Venue: Botany Seminar Hall

 
कृषि, सहकारिता एवं किसान कल्याण विभाग



37. VEGETOS - 2022:

The VEGETOS is an annual event conducted by the PG & Research Department of Botany, St. Thomas College, Kozhencherry for providing an interactive platform for farmers, academia and society for promoting creative thinking, awareness, interest, education and research in the field of Agriculture, Horticulture and related areas. The event consists of technical sessions involving lead lectures by eminent resource persons. The Post Graduate and Research Department of Botany, St. Thomas College, Kozhencherry has been consistently interacted with the society, especially to make awareness about the scientific knowledge for solving the problems of farmers and weaker sections of the society. On 25 th of March 2022, 'Vegetos 2022 an extension activity under department of Botany was conducted under the joint auspices of the IQAC of college and Spices Board, Kochi offered services and activities for the benefit of the famers who engaged cultivation and trade of spices residing in Pathanamthitta District. Spices Board, Kochi is a wing under Ministry of Commerce and Industry, Government of India. Focal Theme of the Year Kerala the Gods own country is also known as the land of spices. The colourful history of spice trade in Kerala dates back to thousands of years in the past. Over the past few centuries, Kerala has secured a favourable position in the global spice market with its variety of spices in terms of both quality & quantity. The colourful history of spice trade in Kerala dates back to thousands of years in the past. In the ancient times traders from across the globe sailed hundreds of miles to purchase spices from Kerala, which were even then renowned for their matchless quality. Even today, spices grown in Kerala hold much popularity in the international market because of their variety, rich flavor and aroma. In view of this, this year the Vegetos addressed Entrepreneurship Skills in Cultivation Practices and Post-Harvest Technology of Different Spices as the focal theme of the programme. An exhibition cum sale stall of Spices Board, agriculture products from students also were there. PROGRAMME : 25.03.2022, 10.00am to 1.00pm Welcome Address: Dr. Lini K. Mathew, Asst. Professor in Botany, St. Thomas College, Kozhencherry welcomed all the delegates at the program. She further introduced the broad outline and purpose of the Vegetos as a starting point for discussion about the theme. Opening Remarks and Presidential Address on necessities of agriculture awareness by Dr. Leena Abraham, Head of the Department of Botany. She also talked about the history of vegetos and how it make an impact on students mind. Inauguration and Keynote Address: Dr. Joji Mathew, Deputy Director, Spices Board, Kpchi further discussed the benefits of spices cultivation, entrepreneurship and post harvest technology based on the commercial aspects. The program and exhibition stalls were inaugurated by the Dr. Joji Mathew. In his inaugural speech, he also explained

the various initiatives of government to promote spices cultivation. He explained the community participation program to promote community level action on spices cultivation and trade. Exhibition and Sales of Spices, Spices Products, Vegetables and Underutilized Crops A small exhibition was also conducted by the Spices Board team to the farmers and students. It include different kinds of spices, their products, value added products etc. Another stall also were there in which vegetables and under utilized crops produced by students. The spices board and students also conducted sales of their products to the public and stake holders of the college. Handbooks on spices, palm-lets, Tumeric posder, Turmeric milk, cream etc. were also distributed to farmers and students at free of cost by spices board as promotion program. The event concluded with a discussion with the participants followed by a vote of thanks delivered Ms. Anju V. Jalaj, Asst. Professor, Dept. of Botany.

The VEGETOS is an annual event conducted by the PG & Research Department of Botany, St. Thomas College, Kozhencherry for providing an interactive platform for farmers, academia and society for promoting creative thinking, awareness, interest, education and research in the field of Agriculture, Horticulture and related areas. This year the event is scheduled during 25th March 2022. The event consists of technical sessions involving lead lectures by eminent resource persons. It includes a lead lecture or orientation classes for farmers by providing resource persons on cultivation practices of spices and their post-harvest technology. An exhibition cum sale stall of Spices Board, agriculture products from Students also be there. We would appreciate if you could come and participate in the programme.

Post Graduate And Research Department Of Botany St Thomas College Kozhencherry,

VEGETOS
കാർഷിക വിപണന മേള

Programme:

Welcome
Dr. Lini K. Mathew, Coordinator, Botany Association

Presidential Address:
Dr. Leena Abraham, HoD, Dept. of Botany

Principal's Remark
Dr. Dr. Roy K. George, Principal, St. Thomas College

Inauguration and Keyote Talk:
Dr. Joji Mathew, Deputy Director, Spices Board

Technical Sessions & Discussion with Farmers
Dr. Joji Mathew, Deputy Director, Spices Board
Dr. Mohammed Shameer Cheriyaath, Senior Field Officer, Spices Board

Vote of Thanks:
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Focal Theme of the Year
CULTIVATION PRACTICES AND POST-HARVEST TECHNOLOGIES OF DIFFERENT SPICES

Date & Time : 25-03-2022;
10.00am
Venue : Media Centre





Technical Session



Inauguration of exhibition stall



Exhibition Stall



Exhibition Stall

38. DONATION OF BENCH AND DESK:

As a part of extension activities of Department of English, four set of benches and desk worth Rs.26,000/- were donated to Mar Thoma LP School, Kozhenchery, mobilizing funds collected from the students and staff of the department. The furniture was handed over to the school in a function in the school premises on 31st May 2022. Dr. Vineetha S. served as the coordinator of the extension programme. All students and 12 teachers joined in contributing to this venture.

