



St Thomas College, Kozhencherry

Annual Report

2020-2021

CLUBS/FORUMS/CELLS

St Thomas College, Kozhencherry

Annual Report 2020-2021

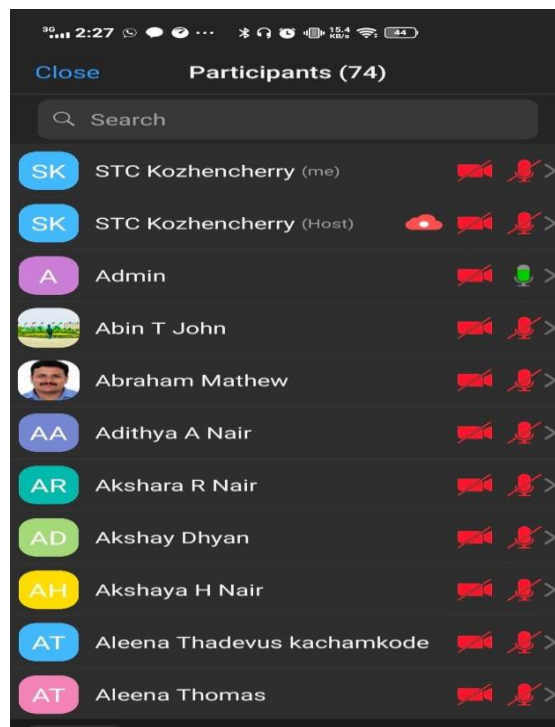
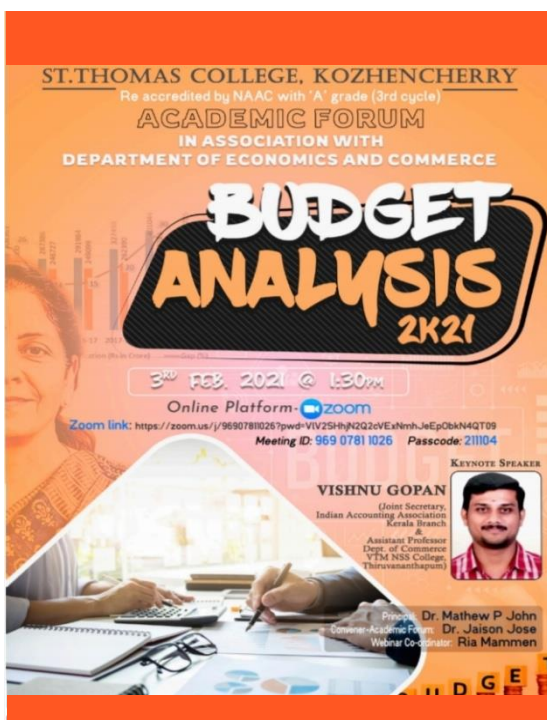
CLUBS/FORUMS/CELLS

ACADEMIC FORUM

Activities

Date	Activity	Title	No. of Participants
03/02/2021	Webinar	Budget Analysis 2021	74

A webinar on **Budget Analysis 2021** was organised on 3 February 2021. Mr Vishnu Gopan (Joint Secretary, Indian Accounting Association Kerala Branch and Assistant Professor of Commerce VTM NSS College, Thiruvananthapuram) analysed and spoke on Budget 2021. It was a useful and informative programme for students and teachers. 74 people participated in this programme.



Name of the Convener: Dr. Jaison Jose



ALUMNI ASSOCIATION

The Alumni Association of St Thomas College, Kozhencherry, organized a meeting on 29 March 2021 to congratulate and honour our alumni Bishop Malayil Sabu Koshy Cherian who has become the Moderator of CSI Church and Sri Gopu V. Nair, who received Kerala Folklore Award. The meeting, presided over by Dr Mathew P. John, the Principal of the college, was inaugurated by Dr Gegoriose Mar Stephanos Episcopa. The programme was attended by more than 100 participants.



Coordinator: Dr Libus Jacob Abraham



ANTI-RAGGING CELL

A meeting of the anti-ragging cell, presided over by Dr. Mathew. P. John, the Principal-in-charge, was held on 7 January 2021, at the Physics Seminar Hall. The meeting, attended by 14 members of the Committee, was held to spread ragging-awareness among the students with help of the Police Office of Aranmula. But the programme could not be conducted. However, Anti-ragging posters were displayed on the college notice board, Department notice boards and other strategic places. No ragging cases were reported during the year.

റാഗിംഗ് ശിക്ഷാർഹമാണ്

- പണപ്പിരിവ്
- ആക്ഷേപിക്കൽ
- ഭയപ്പെടുത്തൽ
- അനിഷ്ടകരമായ ചങ്ങാത്തം
- മാനസിക പിഡ്ഡനം
- ശാരീരിക ഉപദ്രവം
- ശല്യപ്പെടുത്തൽ
- ഇഷ്ടമില്ലാത്ത സംഭാഷണം
- മോഷണം
- മറ്റുകാസ്റ്റ് മുറികളിൽ സന്ദർശനം
- മൊബൈൽ ഫോൺ ഉപയോഗം
- കമന്റുകൾ തുടങ്ങിയവ

കാമ്പസിൽ നിരോധിച്ചിരിക്കുന്നു
പരാതികൾ ലഭിച്ചാലുടൻ പോലീസിന് കൈമാറുന്നതും
ഉടൻസി നടപടി ഉണ്ടാകുന്നതും
ഇൻഡ്യാൻ ശിക്ഷാനിയമ പ്രകാരം
കഠിന ശിക്ഷ ലഭിക്കുന്നതുമാണ്

സെന്റ് തോമസ് കോളേജ് കോഴഞ്ചേരി

പ്രിൻസിപ്പാൾ ഫോൺ: 9447785133	കൺവീനർ റാഗിംഗ് വിരുദ്ധ കമ്മിറ്റി ഫോൺ : 9495682313
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Convenor: Dr Lathakumari P. C.



ARTS FESTIVAL 'HARSHAM'

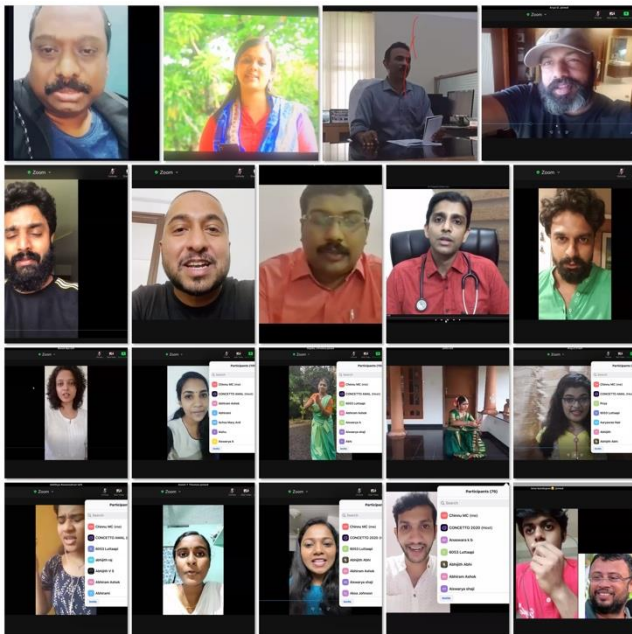
The College Arts festival 'Harsham' was conducted by the final year students on 29 March 2021 at College auditorium. Ms Chinnu Mariam Chacko and Anup George Varghese were



the Faculty Coordinators and Mr. Godwin Shaji and Mr. Gautham Krishna were the Student Coordinators, with a team of 20 volunteers. Harsham 2021 was inaugurated by Sri. Muhammed Thasveer (Model & Motivational Speaker). Mr. Gautham Krishna welcomed the gathering, College Principal Dr Mathew P. John

delivered the Principal's address, and Ms. Chinnu Mariam Chacko offered felicitations. The Chief guest honoured the retiring teachers Dr Mathew P. John and Dr Jenu Mary Mathew with Ponnada and memento. Mr. Godwin Shaji Proposed the vote of thanks. The day came to a close with a cultural show by the students.

CONCETTO VIRTUAL TALENT FESTIVAL



St Thomas College Kozhencherry hosted a Virtual Talent Festival Concetto on Zoom platform on 19 September 2020. Around 300 students attended the fest and 32 students presented different programmes that gave colour to the talent festival. Ms Chinnu Mariam Chacko served as the Faculty Coordinator for the programme. Ashish A. V., Amal Sundar, Arya Prasad and Kavya K. Raj were the Students Coordinator. The fest was inaugurated by Sri. Vineeth Sreenivasan (Cine Artists/ Director). Sri. Libin Raj M.P. IRPS, delivered the keynote address and Dr Mathew P. John presided over the Programme. Felicitations were offered by Sri. Aju Varghese, Sri. Abrid Shine and other cine artists.



CELL FOR TRANSGENDERS

Date	Activity	Title	No. of Participants
18.03.2021	Webinar	Sexual orientation and gender identity (SOGI) Inclusive education	141



ST THOMAS COLLEGE, KOZHENCHERRY

Cell for Transgender Persons' Welfare
in association with
Internal Quality Assurance Cell (IQAC)



Webinar

Sexual Orientation and Gender Identity (SOGI) Inclusive Education



Dr Jijo Kuriakose
An artiste, writer and photographer by passion. He has been advocating SOGI inclusive law, health, education and workplace policies.

18 March 2021 02.00 PM.



Dr Mathew P John **Dr Asha Susan Jacob** **Mr Ligin P Mathew**
Principal Coordinator, IQAC Convener

Ligin P Mathew
10-11-2021

Name of the Convener: Mr Ligin P. Mathew



COLLEGE CHOIR

The College choir actively participated in the farewell functions arranged for the teaching and non-teaching staff in January 2021 and March 2021.



Coordinators: Dr Tom Thomas and Ms Ria Mammen

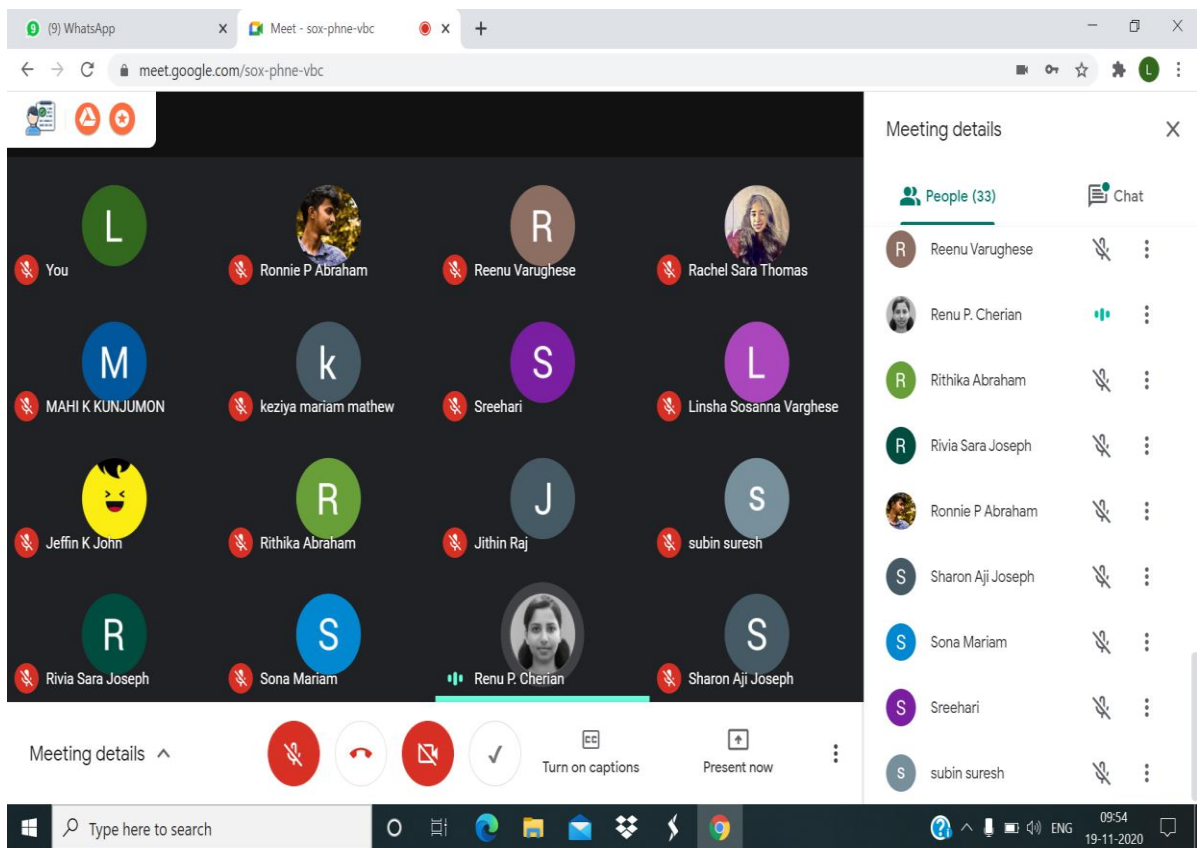
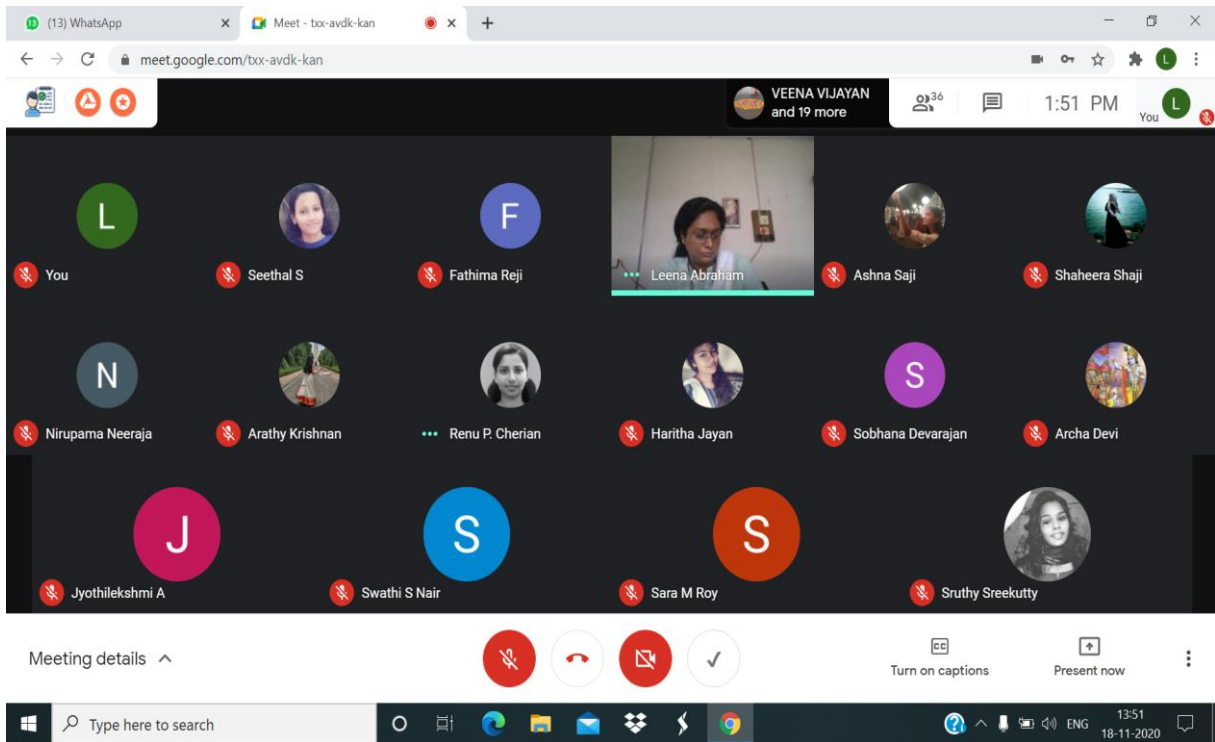


COUNSELLING AND ORIENTATION COMMITTEE

Activities

Date	Activity	Title	No. of participants
20/09/ 2020	General counselling class for Chemistry students	General counselling class	33
3/11/ 2020	General counselling class for Physics students	General counselling class	36
5/11/2020	General counselling class for D1, D2, D3 Hindi students	General counselling class	25
12/11/2020	General counselling class for English D2, D3, PG2	General counselling class	8
18/11/2020	General counselling class for Botany D2,D3,PG2	General counselling class	36(Screen shot attached)
19/11/2020	General counselling class for B. Com.(Finance) DC 1	General counselling class	33
19/01/2021	Personal counselling to DC3 Mathematics student	Personal counselling	1
20/02/2021	Personal counselling for a student of DC1 (Botany)	Personal counselling	1
27/02/2021	Counselling class for B. Com first year students	General counselling class and personal counselling	General counselling- 31 Personal counselling - 2
16/03/ 2021	Webinar on Life Skills in association with IQAC for DC I students.	Webinar on Life Skills by Dr Nelson P Abraham	301





Name of the Convener: Ms Ligi George



CM@CAMPUS

On 21 February 2021, the College facilitated the transmission of CM@Campus, online discussion with the Chief Minister, at Dr Juhanon Marthoma Hall. Gokul G. Krishna and Robin M. Biju, students of the college, participated in the programme held at Mahatma Gandhi University, Kottayam.



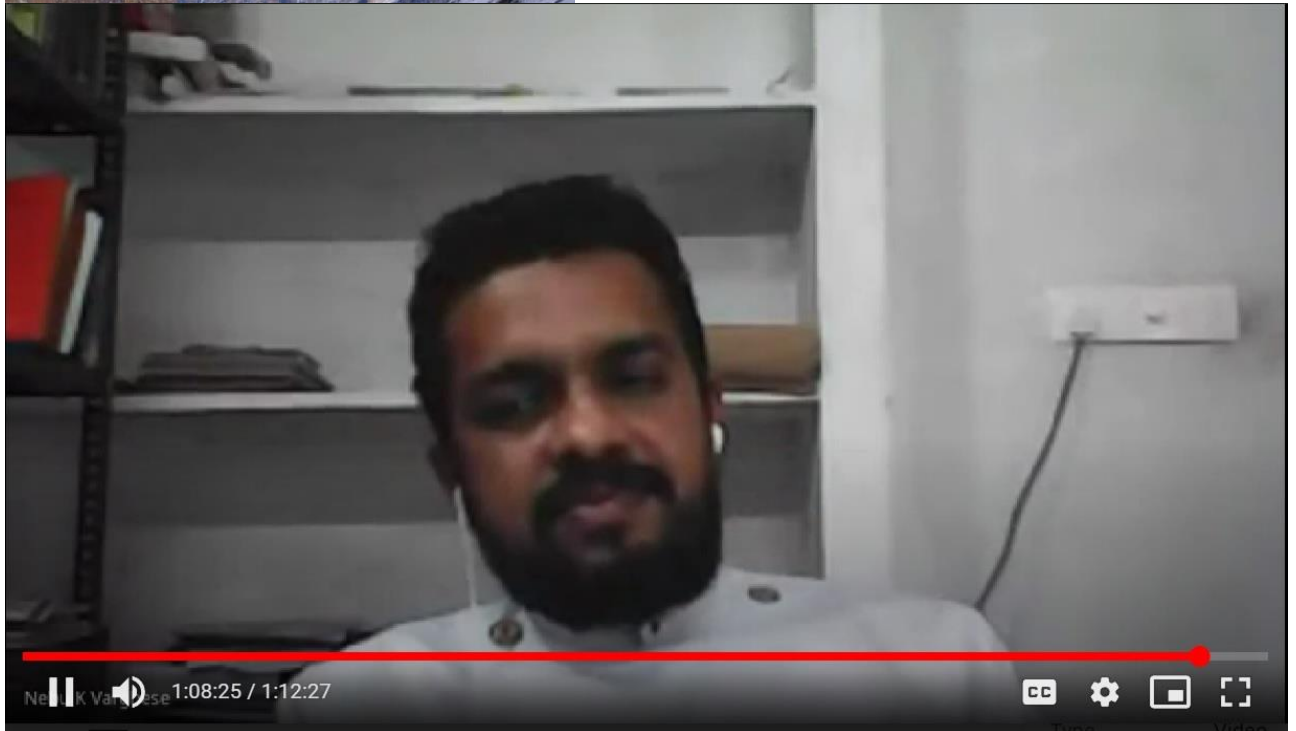
Coordinator: Dr Libus Jacob Abraham



EK BHARAT SHRESHT BHARAT

A webinar on Life and Culture: An Encounter with the Himalayan Villages was organised on 4 March 2021 with Rev. Nebu K. Varghese as the Resource Person.

The poster is for a webinar titled 'EKBHARAT SHRESHT BHARAT'. It features the logo of the organization at the top left, the college name 'St. Thomas College Kozhencherry' with its NAAC accreditation, and the EBSB Club logo. The word 'WEBINAR' is prominently displayed in red. Below it, the date and time are given as 'Date - 04/03/2021 Time - 3:00 Pm' and the platform as 'Platform - Google Meet'. The speaker is identified as 'Rev. Nebu K Varghese (Traveller, Orator)' with a small portrait. The topic is 'Life and Culture : An Encounter with the Himalayan Villages'. The inauguration is by 'Dr. Mathew P John (Principal, St. Thomas College Kozhencherry)'. At the bottom, the co-ordinators are listed as 'Dr. Mini Varghese (Mob No - 8261954271)' and 'Dr. Libus Jacob Abraham (Mob No - 9847004164)'. The background of the poster shows a snowy mountain range.




Coordinators: Dr Mini Varghese and Dr Libus Jacob Abraham




EMPOWERMENT CELL FOR DIFFERENTLY ABLED


Date	Activity	Title	No. of Participants
26.03.2021	Workshop	Career Guidance Workshop for Differently Abled Students	



ST. THOMAS COLLEGE, KOZHENCHERRY
Empowerment Cell for Differently Abled
in association with
Internal Quality Assurance Cell (IQAC)



CAREER GUIDANCE WORKSHOP FOR DIFFERENTLY ABLED STUDENTS

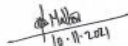


Mr Aneesh George
Development Officer, LIC of India

FRIDAY 26TH MARCH 2021, JUHANON MARTHOMA HALL, 10:30 A.M.

Dr Mathew P John Principal	Dr Asha Susan Jacob Coordinator, IQAC	Mr Ligin P Mathew Convenor
Organizing Committee:		
Dr Teena Rachel Thomas Mr Alan Mathew Philip Ms Bindu Shalu, Ms Shalu Sathyan		

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Empowerment Cell for the Differently Abled organised a Career Guidance Workshop for differently abled Students and their parents on 26 March 2021. Mr Aneesh George, Development Officer of LIC served as the Resource Person. The Cell handed over a wheelchair, donated by a faculty, to the college for the use of the differently abled.

Name of the Convenor: Ligin P. Mathew
Members: Dr Teena Rachel Thomas
Mr Alan Mathew Philip Ms Bindu Shalu
Ms Shalu Sathyan



GO GREEN SANTHOME CLUB

Activities

- Environment Week Celebration



Go Green Santhome club celebrated Environmental day as a one week programme with the theme “Celebrating Biodiversity.” As a part of the celebration, GGS conducted a virtual Quiz competition and photography competition from 1-5 June 2020. 334 Students participated for the Quiz competition and 57 students participated for photography competition. Sangeeth Zachariah Mathew, Marthoma college, Thiruvalla and Ashik Paul, Viswajyothi College of Engineering and Technology bagged first and second prizes respectively.

- Webinar

GGs conducted a webinar on the topic “The Art of Co- existence: Man in the Realm of Nature” on 5 June 2020. Dr Abhilash R, Chenganoor Christian College, was the resource person. Ms Chinnu Mariam Chacko and Mr Suresh Mathew George were the faculty coordinators and Ms Sneha Mariam Daison and Mr Ashwin Sreekumar were the student coordinators.

Plastic bottles collected were handed over to Clean Kerala Company as a part of No Plastic Campus Campaign on 20 February 2021



Name of the Conveners: Ms Chinnu Mariam Chacko & Dr Martiz Kurian



HEALTH & WELLNESS CLUB

Activities

Date	Activity	Title	No. of participants
23 March 2021	Workshop	Workshop on First Aid and Emergency Care	60



ST. THOMAS COLLEGE, KOZHENCHERRY
Reaccredited by NAAC with 'A' grade (3rd cycle)
HEALTH AND WELLNESS CLUB IN ASSOCIATION WITH
DEPARTMENT OF PHYSICAL EDUCATION
ORGANISES

WORKSHOP ON FIRST AID & EMERGENCY CARE

Venue : Physics Seminar Hall
(9:30am - 12:30pm)

Principal:
Dr. Mathew P John
Organising Team:
Dr. Cimi A Daniel,
Ms. Jeethu Rachel Mathew,
Dr. R S Sindhu, Ms. Ligi George,
Mr. Suresh Mathew George,
Dr. Dickson D Babu

Supported by **NCC** and **NSS**

23rd March, 2021

About the Workshop:

- Session will be led by experts from **Indian Institute of Emergency Medical Services (IEMS)**
- Free Registration.
- Lectures and demonstrations of various first aid techniques and practical sessions.
- Interested attendees can avail certificates (having 2 years validity) from IEMS, on payment of ₹50.


first aid & emergency care





Name of the Conveners: Ms Jeethu Rachel Mathew & Dr Cimi A. Daniel



INTERNAL COMPLAINTS COMMITTEE

In accordance with the UGC Regulations 2015, the College formed the Internal Complaints Committee (ICC) for the academic year 2020-21. Ms. Seeniamma C. Chennattucherry served as the Coordinator of the Committee. Dr. Tom Thomas, Dr. Ninu Thomas, Adv. Lovy Locksley, Ms. Jolly George, Ms. Nisha Suzanne Jacob, Ms. Liya Ray Isen, Ms. Aiswarya Thulaseedharan and Ms. Reeba Sara Koshy were the other members of the committee.

Webinar

The Internal Complaints Committee conducted an online webinar on ***Combating Sexual Harassment: Prevention, Prohibition and Redressal*** on 19 March 2021. Adv. Santhosh Kumar P., practising lawyer at District Court Trivandrum and the founder of the Law Trust was the resource person. The lecture served at imparting an overall view on the legal aspects and the need for the Internal Complaints Committee. Ms. Seeniamma C. Chennattucherry was the convener of the webinar and Dr. Tom Thomas and Adv. Lovy Locksley were the coordinators.

ST. THOMAS COLLEGE, KOZHENCHERRY
Reaccredited by NAAC with 'A' grade (3rd cycle)

WEBINAR ON

COMBATING SEXUAL HARASSMENT: PREVENTION, PROHIBITION AND REDRESSAL

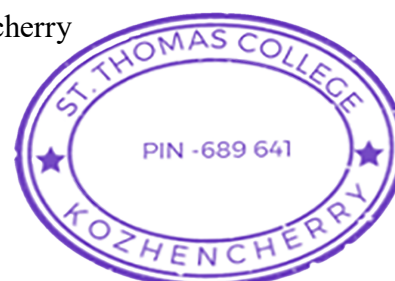
ORGANISED BY
INTERNAL COMPLAINT COMMITTEE AND IQAC

Platform: zoom

Resource person: Adv. Santhosh Kumar P
(Practicing lawyer at Dist. Court, Thiruvananthapuram and the founder of Law Trust, Thiruvananthapuram)

19/03/21
2:00pm-3:00pm

Name of the Convener: Ms. Seeniamma C. Chennattucherry



INTERNAL EXAMINATIONS COMMITTEE

The Internal Examination Committee conducted the following offline/online the internal examinations in 2020-21:

Semester 3&5 First Internal Exam – Online Mode - September /October 2020 (28/9/20 to 6/10/20)

Semester 5 Second Internal Exam - Offline Mode - January 2021 (15/1/21 to 21/1/21)

Semester 3 Second Internal Exam – Online Mode- January/February 2021 (27/1/21 to 2/2/21)

Semester 1 First Internal Exam – Offline Mode – February 2021 (24/2/21 to 27/2/21)

Semester 1 Second Internal Exam – Online Mode (April 2021)

Semester 4 First Internal Exam – Online Mode (May 2021)

Semester 6 First Internal Exam – Online Mode (April 2021)

Semester 6 Second Internal Exam – Online Mode (May 2021)

Convener: Dr Jaison Jose

MASSIVE OPEN ONLINE COURSE COMMITTEE

Massive Open Online Courses (MOOCs) are online courses available for anyone to enroll. MOOCs provide an affordable and flexible way to learn new skills, advance our career and deliver quality educational experiences. The Massive Open Online Committee of St Thomas College Kozhencherry was constituted for guiding our students to utilise online learning platforms and encourage them to enroll for relevant courses.

Activities


1. Webinar on “Online Resources & Skill Development”

The Massive Open Online Committee of ST Thomas College Kozhencherry in association with Internal Quality Assurance Cell (IQAC) organized a webinar on 9 October 2020. The theme of the webinar was “Online Resources & Skill Development.” The Webinar was inaugurated by Dr Mathew P. John, Principal, St Thomas College Kozhencherry and the resource person was Dr K. Satheesh Kumar, Associate Professor & Head, Department of Future Studies, University of Kerala, Thiruvananthapuram. Dr Praveen S.S. delivered the welcome address.

During the technical session Dr K Satheesh Kumar explained about the importance of online resources for teaching and learning during the Covid-19 pandemic days. He mentioned that students across the world are losing valuable time due to the lockdown imposed. But there are numerous online learning opportunities which they can access from their homes, thereby making good use of this lockdown period for their skill enhancement. He explained some of the major online learning resources and its details.

After the main talk an interactive session was held. Participants asked many questions about various online learning platforms and their accessibility. Ms. Priya Mathews proposed the vote of thanks. Online certificates were provided for all the participants. 131 participants actively participated in the webinar.






ST THOMAS COLLEGE KOZHENCHERRY

Lead Invited Talk

Associate Professor and Head
Department of Future Studies
University of Kerala
Thiruvananthapuram



Dr K. Satheesh Kumar

Massive Open Online Course (MOOC) Committee
In Association with
Internal Quality Assurance Cell (IQAC)
Organizes
Webinar on
"Online Resources & Skill Development"

Organizing Committee

Dr Praveen S.S (Co-ordinator)
Ms Priya Mathews(Co-ordinator)
Ms Neethu Mariam Ajith
Ms Tania Thomas
Ms Adheena Elza Johns

Date: 09/10/2020
Time: 2p.m.
Platform: Google Meet

Dear All ,
Pandemic imposed restrictions demanded the need for online education. Now online education has emanated as a new normal and is propagating at an unprecedented rate which is wholeheartedly embraced by different stakeholders. At this juncture, the Massive Open Online Course Committee of St Thomas College, Kozhencherry in association with Internal Quality Assurance Cell (IQAC) is organizing a webinar on " Online Resources and Skill Development" for imparting unknown dimensions and layers embedded in this online mode of Education. Dr. K Satheesh Kumar, Associate Professor and Head of the Department of Future Studies, University of Kerala has kindly agreed to deliver the Lead Invited Talk.
Expecting your wholehearted participation in this webinar.

Dr Asha Susan Jacob
(Co-ordinator, IQAC)

Dr Mathew P. John
(Principal)

Made with PosterMyWall.com

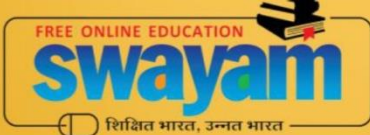

2. MOOCs in collaboration with COURSERA

Coursera is the one among the world's premier online learning platform. It brings educational contents from best universities and industries in an easy-to-use online platform. St Thomas College Kozhencherry in collaboration with COURSERA CAMPUS RESPONSE INITIATIVE, provided enrolled students access to more than 3,800 courses, 400 specializations and 270 guided projects from different universities and industry partners. Enrolled students got free access to their courses from 15/07/2020 to 30/11/2020 to complete their courses. The students, faculty members and alumni of St Thomas College Kozhencherry used this golden opportunity. There are 2000 course enrollments from 729 learners. Most of the enrolled learners successfully completed their courses.

3. SWAYAM-NPTEL Local Chapter

St Thomas college Kozhencherry has been established as a SWAYAM-NPTEL Local chapter coordinated by IIT Madras from 29/01/2021 onwards. Now we have our own webpage in SWAYAM in which we can view complete student enrollment data, performance statistics of our students in each semester of SWAYAM-NPTEL courses, course toppers etc. Our students can easily access all available courses in SWAYAM through our own portal and our faculty can act as mentors for students.





Dear All,
We are very happy to announce that our college ST THOMAS COLLEGE KOZHENCHERRY has been established as a SWAYAM-NPTEL Local Chapter co-ordinated by IIT Madras. Now we have our own webpage in Swayam in which we can view complete student enrollment data, performance statistics of our students in each semester of SWAYAM-NPTEL courses, course toppers etc. Our students can easily access all available courses in SWAYAM through our own portal and our faculties can act as mentors for students.

The students and faculty members of our college can join in our SWAYAM-NPTEL Local chapter portal by following the steps given below.

- Select any of the courses you wish to enroll from the course list attached along with this.
- Click on the corresponding link to view the course page.
- Click on "Join" button and continue with your Google account.
- Click on "Edit profile & Join".
- Select ST Thomas College Kozhancherry as your local chapter.
- Click on "Update profile & Join Course" button.
- Ensure that you receive the welcome Email from NPTEL to the ID which you used for enrolment.

Committee Members:

Dr Praveen S.S. (Coordinator, MOOC STCK),

Ms. Priya Mathews (Coordinator, MOOC STCK, SPOC[Local chapter]),

Ms. Neethu Mariam Ajith,

Ms. Tania Thomas,

Ms. Adheena Elza Johns

MOOC ON ORGANIC FARMING

The Massive Open Online Course (MOOC) on Organic Farming is a novel programme introduced by Mahatma Gandhi University in accordance with the social initiative of The Government of Kerala to transform Kerala into a self-reliant and eco-friendly state under its 'Haritha Keralam' Mission. It aims to make our society self-sufficient with regards to the production of 'safe to eat vegetables and fruits' and to help develop a positive attitude among students towards organic farming and sustainable agricultural practices.

MOOC on Organic Framing has been introduced by the University from academic year 2020-21 for all DC 1 students as an added credit course. Its primary focus is to educate our students in the life-skill of environment-friendly farming techniques by cultivating organic, healthy and nutritious food at home.

As per the directive of the University, all the DC 1 students of 2020-2023 batch were enrolled into the MOOC on Organic Farming programme. A total of 423 students registered. It was also notified that there had to be a college level Coordinator and a Mentor for each Department from every college for the implementation of the course. A training programme was conducted by the



University for all the Coordinators from the colleges affiliated to the University. These training videos were then shared by the Coordinator to the Mentors.

For the implementation of this course at the college level, the following Committee for MOOC on Organic Farming was appointed for the academic year 2020-21:

Coordinator: Ms. Tania Thomas

Mentors: Mr. Ligin P Mathew (Mathematics)
Dr. Jijoy P Mathew (Physics)
Dr. Sudheesh K V (Chemistry)
Ms. Adheena Elsa Johns (Botany)
Dr. Sam Thomas (Zoology)
Ms. Susanna Philip (English)
Dr Saramma Varghese (Malayalam)
Dr Mini Varghese (Hindi)
Mr. Ganesh T. (History)
Mr. Suresh Mathew George (Economics)
Ms. Neethu Mariam Ajith (BCom Model 1)
Ms. Ria Mammen (BCom Model 2)

After the registration process of students, the course officially commenced on 1st May, 2021. The 1st semester of this course involved students undertaking project work and submitting a Project report on the same. For this, the Committee prepared Action Plans for the different phases of the project which informed the students on the course of action and the stipulated time period within which they had to complete the separate stages of the project work. The course is currently in progress.

MULTIDISCIPLINARY RESEARCH CENTRE

Activities

Date	Activity	Title	No. of participants
24/02/2021	Inauguration	Who is Afraid of Research?	80
10/03/2021	Talk	Opportunities for Scientific Research	50

- 1. Inauguration of Multidisciplinary Research Centre (MRC) St Thomas College, Kozhencherry** was held on 24 February 2021. Prof. Dr. Achuthsankar S. Nair, Head of the Department of Computational Biology and Bioinformatics, State Inter-University Centre of Excellence in Bioinformatics (SIUCEB) University of Kerala, Karyavattom in his inaugural address mentioned about the importance of new knowledge in a progressive society to make us better human beings. There are significant differences in research in fields like science, humanities and arts, scientific principles etc. There is a need to develop mutual respect. In a simple lucid style Nair briefly explained about how to do research. While doing research one need to observe, ask and debate and find answers to your questions. Research skills involve creative thinking and critical thinking.



Creative thinking is divergent where as critical thinking mainly focuses on convergent thinking. The session was very interesting and was highly interactive.



FEBRUARY 24, 2021
AT 2 PM
Online through
Google meet

The Multidisciplinary Research Centre aims to develop research and focuses primarily on the different disciplines and the diverse perspectives they bring to illustrate a topic or theme.

We strongly believe that various initiatives of this centre will inculcate research interest in UG And PG Students and teachers. This eventually can be beneficial for students and provides a great opportunity for mentoring students.

**MULTIDISCIPLINARY
RESEARCH CENTRE**



**INAUGURATION & LEAD TALK ON
'WHO IS AFRAID OF
RESEARCH?'**

BY
DR. ACHUTHSANKAR S. NAIR
HEAD
DEPARTMENT OF COMPUTATIONAL
BIOLOGY AND BIOINFORMATICS,
STATE INTER-UNIVERSITY CENTRE OF
EXCELLENCE IN BIOINFORMATICS
(SIUCEB)
UNIVERSITY OF KERALA,
KARYAVATTOM



**ST THOMAS
COLLEGE**
KOZHENCHERRY

Dr. Mathew P. John,
Principal

Dr. Susan Abraham,
Coordinator and Convenor

Committee members:

- Dr. Shinimol A. K.
- Dr. Leena K. Cherian
- Dr. Teena Rachel Thomas
- Dr. Jijoy P. Mathew
- Dr. Anju V. Jaijaj

2. Multidisciplinary Research Centre (MRC) St Thomas College, Kozhencherry organized a talk on **Opportunities for Scientific Research** by Dr. Sarika A. R., Scientist, KSCSTE, Kerala on 10 March 2021. Dr Sarika A.R. gave an inspiring talk on how to choose a career path, funding opportunities etc. She explained what career is and how to chose a career. Proper decision making, systematic exploration, guidance, finance etc. can play important roles in choosing one's career. In the 21st century, one need to update knowledge. Workforce has been changing and therefore one need to change according to requirement. She explained 'IKIGAI' a Japanese concept, meaning 'a reason for being' which includes mission, vision, vocation and passion. Self-introspection becomes very essential and one should identify his or her goals. There is a need for individual to be open minded. She further explained various funding opportunities for research and higher education.



**MARCH 10,
2021
AT 2 PM**

**MULTIDISCIPLINARY
RESEARCH CENTRE (MRC)**
ST THOMAS COLLEGE, KOZHENCHERRY

Webinar on

OPPORTUNITIES FOR SCIENTIFIC RESEARCH

Resource Person



Dr. SARIKA A. R.

Scientist C
Kerala State Council for Science,
Technology and Environment

Dr. Mathew P. John
Principal

Dr. Susan Abraham,
Coordinator &
Convenor MRC

Organizing committee:

- Dr. Shinimol A. K.
- Dr. Leena K. Cherian
- Dr. Teena Rachel Thomas
- Dr. Jijoy P. Mathew
- Dr. Anju V. Jalaj

Registration Link:

<https://forms.gle/uN4V9fCQHsv6pUoq8>

Register before 10 am on 10th March.



ST THOMAS COLLEGE, KOZHENCHERRY

*Reaccredited by NAAC with A Grade (3rd Cycle)
Affiliated to Mahatma Gandhi University, Kottayam, Kerala*

Dr. Susan Abraham served as the Convenor of the Multidisciplinary Research Centre (2020-21) and Dr. Shinimol A. K., Dr. Leena Cherian, Dr. Teena Rachel Thomas, Dr. Jijoy P Mathew, Dr. Anju V Jalaj served as the committee members.

NATIONAL CADET CORPS ARMY WING

14 K BN NCC, PATHANAMTHITTA

National Cadets Corps plays a credible role in shaping the character of students by instilling the values of patriotism, service, discipline and hard work. One infantry company of NCC is functioning in the college which authorizes a total strength of 118 cadets, including SD and SW cadets. Cadets enrolled are given institutional trainings and can participate in various adventure activities, national level camps, annual training camps, community development programmes etc.

The NCC company of the college comes under 14 K BN NCC, Pathanamthitta, Kottayam group, Kerala and Lakshadweep Directorate. Lt. Shaju K. John is the ANO of the company. SUO Abhirami Devaraj, UO Sreelekshmi S and UO Akhil VS are appointed as the senior cadets of the



year 2020-21.

In the year 2020-21, First year cadets were enrolled by Col. Jubin Mathew on 19 October 2020. 43 fresh cadets were enrolled in the year 2020 and 8 cadets were enrolled as third years for writing their C certificate examination.

Due to Covid-19 situation special camps were not conducted this year. Cadets got the opportunity to attend many online EBSB Camps and conduct many social service activities. 7 cadets attended online EBSB camps . UO Akhil VS and SGT Ann Sheba Charly attended EBSB Saptha 3 from 16/8/2020-21/8/2020.UO Sreelekshmi S and SGT Vishal V Pillai attended EBSB Saptha 4 from 13/10/2020 - 18/10/2020. SGT Christy Punnose attended EBSB Saptha 5 from 24/1/2021-30/1/2021. L/CPL Gayathri Gopi and L/CPL Aswin RM attended EBSB Saptha 7 from 16/4/2021 -21/4/2021.

Since we are unable to conduct institutional training parades, online classes for certificate examinations were conducted on all Saturdays as per the syllabus.

Activities

1. Ex NCC YOGDAN (7/5/2020)

National Cadet Corps offered a helping hand to civilian authorities in the country to fight against COVID-19 by extending the services of cadets under ‘Exercise NCC Yogdan’. It has issued guidelines for temporary employment of its cadets to augment relief efforts and functioning of various agencies involved in battling the pandemic. Cadets from this company voluntarily took initiatives in distributing relief materials/medicines/ food/essential commodities to hospitals and covid affected areas under the supervision of Col. NPS Thoor on 7/5/2020 as a part of this programme.

2. International Yoga Day Celebration (21/06/2020)

In the light of prevailing Covid -19 situation , this year International Day of Yoga was celebrated digitally by cadets and staff of NCC Directorates with the theme “Yoga from home”. A total of 39,000 cadets, staff and their families took part in the event and also live streamed the national event of International Day of Yoga -2020 on their Facebook page as part of AYUSH Ministry campaign ‘Be a true ambassador of Yoga.’

As a prelude to the International Day of Yoga, cadets encouraged their family members, friends and neighbours for maximum participation in “Yoga from home” by making and uploading motivational videos of Yogasanas on social media platforms explaining their benefits for a healthy lifestyle. Cadets also enthusiastically participated in large numbers in the ‘My Life My Yoga‘ video blogging contest launched by the Prime Minister Shri Narendra Modi and organized by Ministry of AYUSH and ICCR.Cadets from this company also participated in these events.

4. Municipality Visit (29/05/2020)

Cadets from this company along with PI staffs and SM Thampan SM under the supervision of Col. NPS Thoor visited Pathanamthitta municipality office. Distributed sanitizers, fumigating spray, sprayers and PPE kit to the municipality chairperson for municipality workers.





5. Fit India Campaign (30/9/2020-2/10/2020)

To promote fitness and health among the people of India, Honourable Prime Minister Narendra Modi, launched the Fit India Campaign last year. Cadets from this company also participated the campaign by doing physical activities like running. Not only cadets, their family members also supported the campaign by running along with the cadets.

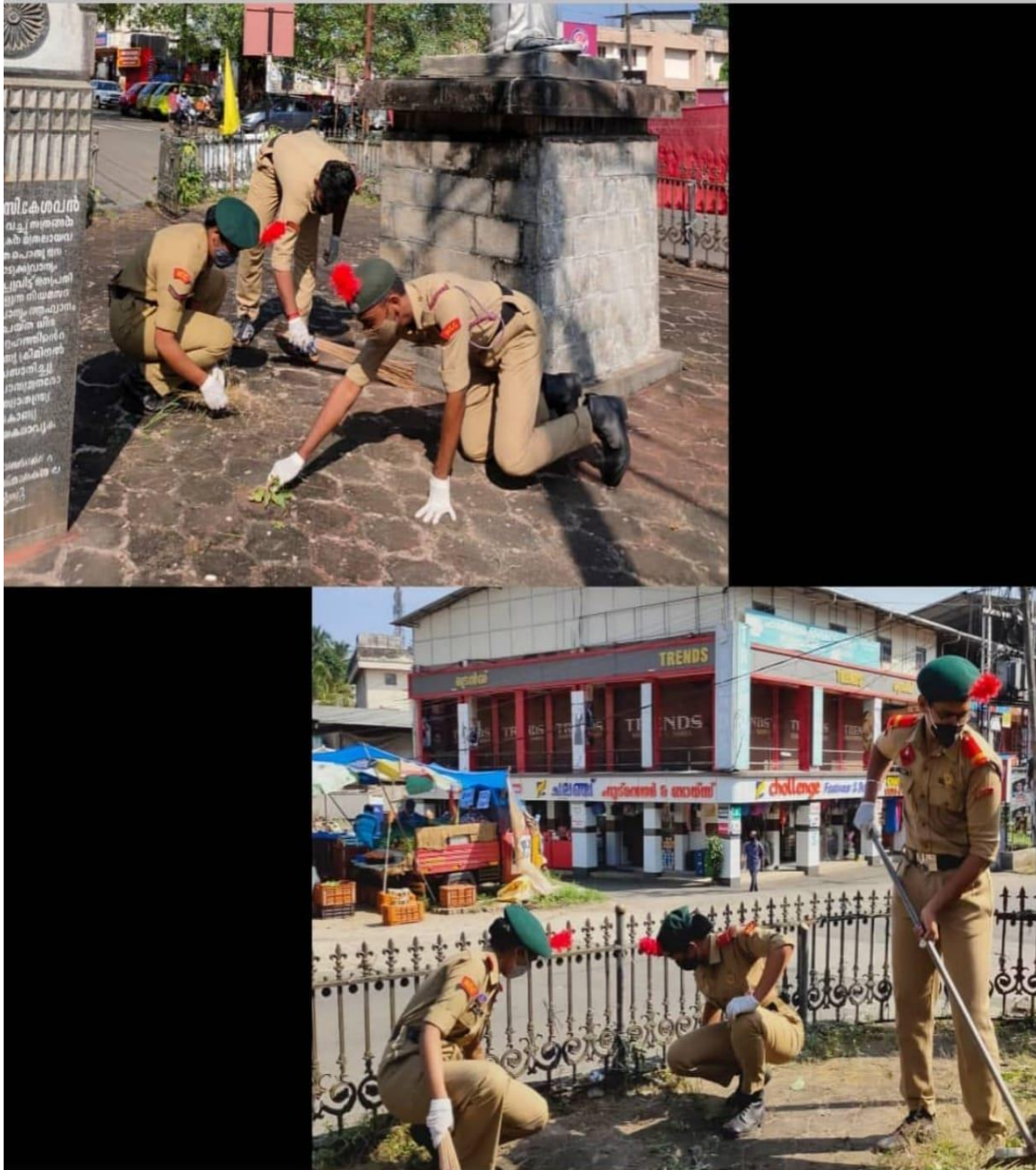
6. NCC Day Celebration (23/11/2020)

National Cadet Corps, the largest uniformed youth organisation in the world, celebrated its 72nd Raising Day on 22 Nov 2020. As a part of NCC Day celebration, cadets from this company planted tree saplings near their home and clean their surroundings and public places.

7. Swachh Bharath Abhiyan (11/11/2020)

Prime Minister Shri Narendra Modi Launched the ambitious 'Swachh Bharat Abhiyan' (Clean India Mission) 2 October 2014. The 'Abhiyan' was launched on the occasion of Mahatma Gandhi's 145th birth anniversary. The NCC Cadets made immense contribution to this mission by cleaning P. Kesavan Square and its surrounding, Kozhencherry.





8. Aardram Programme (28/03/2021)

Aardram programme was conducted by the cadets of this coy, in association with the IQAC and Aardram Extension Cell of the College, under the supervision of ANO Lt. Shaju K. John on 28 March 2021. Cadets distributed 100 growbags planted with saplings to the people of Melukara Lakshamveedu Colony.





9. Cleaning War Memorial (12/03/2021)

Cadets of this coy along with PI staffs and SM Thampan SM under the supervision of Col. Manesh Gupta cleaned war memorial located near Pathanamthitta Municipal Stadium.

10. Ex NCC Yogdan

This year also cadets from this coy are actively participating in Ex NCC Yogdan by assisting Kerala police by supporting the civil administration in the present pandemic situation.

Coy. Commander & Officer: Lt. Shaju K. John

NATIONAL SERVICE SCHEME (NSS)



National Service Scheme (NSS) is a public service programme for youth under the Ministry of Youth Affairs and Sports, Government of India. 'Education through Service' is the purpose of NSS. The ideological orientation of NSS is inspired by the ideals of Mahatma Gandhi. Its motto is "Not Me But You." The NSS Unit of St. Thomas College, Kozhencherry is active in identifying the social problems in the locality, adopting a strategy, and lending a helping hand to tackle them.

1. A Helping Hand:

During the lockdown due to the Covid-19 pandemic, when the classes were suddenly shifted to online mode of learning, some students of the college lacked access to smartphones for online classes. NSS volunteers raised a fund and provided smartphones for the students in need.



2. Women's Equality Day:

Women's Equality Day was observed on August 26th to commemorate the adoption of the Nineteenth Amendment to the United States Constitution, granting women the right to vote. An Online Quiz Competition was conducted and e-certificates were distributed.

3. Teacher's Day:

In India, 5th September is celebrated as Teacher's Day as a mark of tribute to the contribution made by teachers to the society. A Teacher's Day greeting video was made by the volunteers for our teachers.

4. World Suicide Prevention Day:

World Suicide Prevention Day is an awareness day observed on 10th September every year, in order to provide worldwide commitment and action to prevent suicides. An online meeting was conducted via Google Meet and a candle was lit by every volunteer in the dark which symbolized the ray of hope in all odds. An awareness video was also created.

5. NSS Day:

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24th September is celebrated every year as NSS Day. It is high time to protect Mother Nature. So, this year, environment-friendly programmes were conducted by our NSS unit on NSS Day. A planting challenge was created which was an ideal approach to support nature. Use of paper bags helps in conserving huge amounts of energy and can be reused and therefore generates no pollution. An online training on paper bag making was also conducted after which each volunteer was asked to make 5-10 paper bags which were distributed later.

6. Gandhi Jayanthi:

On October 2, on the occasion of Gandhi Jayanthi, the Unit launched 'Reminiscing the Mahatma' as a part of which drawing, craft and poetry writing competitions were held and prizes were distributed to the winners.

7. World Postal Day:

World Postal Day is celebrated on 9 October to raise awareness among people about the role of postal sector for people and business every day. A letter writing competition was conducted and the winners received certificates. The most touching letter, that also won the first prize, was one that was written to Corona by one of our teachers, who was covid positive.

8. Kerala Piravi:

'Kerala Piravi' marks the birth of the State of Kerala on 1 November. Our state Kerala is largely dependent on agriculture and has its own traditional agricultural practices. The life of the people and agriculture were interwoven. But now, most of the vegetables that we use in our houses everyday are imported from other states. To promote agricultural practices among students and to bring them closer to nature, our unit conducted '□□□□□□ □□□□□□□□□□ - □□□□□□ □□□ □□□□□□ □□□□□□' which encouraged each volunteer to make a kitchen garden that would provide them with safe and fresh vegetables for their household purposes.



9. National Legal Services Day:

9 November commemorates the enactment of the Indian Legal Services Authorities Act, 1987 which aims at spreading legal awareness among people. A webinar was conducted on the topic 'Legal systems for Social Security'. Adv. George Abraham Pachayil, High court of Kerala, was the resource person.

10. Children's Day:

Children's Day is celebrated across India to increase awareness of the rights, care and education of children. It is celebrated on 14 November every year as a tribute to the first Prime Minister of India, Jawaharlal Nehru. A Caption Writing Competition was conducted on the occasion and prizes were distributed.

11. National Youth Day:

Swami Vivekandha was one of India's most iconic and influential spiritual personalities. India celebrates his birthday, 12th January as National Youth Day. An Online Discussion session was conducted through Google Meet where the ideas of Swami Vivekandha were discussed. A video was also made which marked his life and message.

12. Blood Donors Directory:

Blood is the most precious gift that a person can give another person, the Gift of Life. NSS volunteers made an effort to find donors among the volunteers and the alumni and made a Blood Donors Directory. This helps to ensure that there is no delay in supplying blood when the need arises. We are able to lend timely help as and when required.

13. SMRITHI – 7 Day Virtual Camp:

'SMRITHI' - Virtual seven-day camp of the NSS unit was conducted from 22nd to 28th January 2021. The theme of the camp was 'Youth For Prevention and Mitigation Of Covid -19'. Various activities were conducted which generated an awareness about the pandemic as well as activities which help tackle the pandemic situation.

The camp was inaugurated on 22nd January by Dr. M. S. Sunil who is a renowned social worker and philanthropist. Dr. Mathew P. John, the Principal, along with the Programme Officers Mr. Laby Cherian Punnoose and Ms. Susan George welcomed the honourable guest. The Programme Officers, along with the volunteer secretaries Vimal Paul and Sneha S., introduced the motives of the camp and gave necessary instructions as well. First year volunteers were grouped to facilitate efficient communication among them and to make them understand the importance of group work. Second year volunteers guided them in their group activities. It enabled them to know about how to behave or interact and conduct a program successfully as a group. It also helped to build healthy relationships as well as team spirit in them. Each day started with a yoga session in the morning followed by the report presentation of the previous day and ended with interactive and ice breaking sessions. Cultural sessions were also conducted.

Class on different topics were conducted every day from Day 2 onwards:

- 'Organic Vegetable Farming' by Dr. Rincy K. Abraham (Krishi Vigyan Kendra) helped the students to understand the need for a kitchen garden and to develop the habit of cultivating organic vegetables in their homes rather than depending on the market.



- Dr. Sindhu R. S., Head of the Department of Physical Education shared her views and knowledge about healthy aging in her talk on 'Healthy Aging' which created an awareness about developing and maintaining the functional ability that enables wellbeing in older age.
- 'Edapt-Educating oneself for the changing world' by Rini Eliza Anien, ASAP Trainer, discussed about why and how we should prepare ourselves for the changing world.
- Guidance class by Mr. Arun John, former Programme Officer of NSS Unit, enlightened the volunteers about the motives and vision of NSS.
- 'Self-awareness' by Dr. Nelson P Abraham, former faculty of the Department of Zoology emphasized on how to understand our strengths as well as weaknesses and the need for self-introspection.

As it was a pandemic situation, the volunteers were advised to work in their locality. They were given activities every day involved their contribution in the society and environment like making and distribution of masks, making paper bags which emphasized the need of switching to eco-friendly methods, setting up a medicinal garden, conducting a survey in their locality about issues related to Covid which enabled them to know their locality better and making a compost pit in their yard to segregate biodegradable wastes and to utilize them effectively. On Republic Day, 26th January, a video was made by the volunteers and the National Anthem was sung during the morning assembly.

The camp concluded with a valedictory ceremony on the last day. An overall analysis of the camp was done by the Programme Officers. The volunteers came to understand the needs and aims of the seven-day camp and the values of cooperation, team effort and social service. They narrated their experiences about the camp and the values they got from interaction with society. Though it was a virtual camp, volunteers actively took part in it amidst the limitations.

14. World Radio Day:

February 13th is celebrated as World Radio Day to raise awareness among the public about the importance of radio. In these modern times where the importance of radio is forgotten, the NSS team launched a radio programme 'Love FM 72.5 – Let's Hear the Voice Of Diversity' on the official YouTube channel and Instagram page.

15. National Road Safety Awareness Month:

As part of National Road Safety Month from 18th January to 17th February 2021, a video was made raising awareness about traffic rules and signs. The theme of this year was "Sadak Suraksha- Jeevan Raksha." The volunteers also undertook the cleaning of the Aranmula Traffic Park.

16. College Campus Beautification:

As students are away from college during the lockdown, our NSS volunteers cleaned various parts of the campus and made necessary arrangements to beautify it. Two ponds of our college were cleaned and rehabilitated on River Protection Day.

17. World Consumer Rights Day:

With the aim to raise global awareness about consumer rights and needs, World Consumer Rights Day is observed every year on March 15. The theme for this year was 'Tackling Plastic Pollution'. A rally was organized which was inaugurated by the college Principal and paper bags made by the volunteers were distributed among the masses.



18. National Vaccination Day:

March 16th is celebrated as National Vaccination Day with an aim to highlight the importance of vaccination. A door-to-door awareness campaign was conducted by NSS in our adopted village, Korangumala. A survey was conducted to identify the needs of the villagers and steps were taken to tackle them. Masks were made by our volunteers and distributed to the people.

19. Community Work:

Protein kits were distributed among pregnant ladies in the Melukara colony to support their health. NSS volunteers also came together to provide some necessary items for an old lady in the colony who was bed-ridden.

20. Flashmob:

In relation to SVEEP (Systematic Voters' Education and Electoral Participation) Awareness, a flash mob was arranged by the volunteers, in association with District Collectorate, Pathanamthitta and Election Commission, to raise awareness related to the election.

21. Financial Support:

Our unit undertook a fund-raising initiative to provide financial support to Sabari Balika Sadanam in Konni to help them support the kids there.




22. Angamuzhi Project:

On 16th April, the volunteers visited the tribal colonies in Angamuzhi and Plappally. A stall was organized to raise funds for providing necessary items in the tribal colony in Angamuzhi. The volunteers collected essential items like rice, cloth and soap. The whole college actively gave their contributions. About 25 boxes of cloth, 5 sacks of rice and 100 soaps were distributed among the tribal people. By interacting and observing, the volunteers got to know about the challenging situations that underprivileged people like them have to deal with everyday.



23. World Cancer Day:


February 4th is observed as World Cancer Day, which is a global initiative to raise awareness about cancer and reduce the stigma that surrounds it, improving education and catalysing personal, collective and government action. An awareness webinar on the topic 'Social Aspect of Cancer' which was led by Ms. Merin Philipose (MSW- Medical and Psychiatry) was conducted.

 **National Service Scheme**
St.Thomas College Kozhencherry
Unit No : 42

February 4th

World Cancer Day

Awareness Class Presented By


Merin Philipose
(MSW In Medical & Psychiatry)

TOPIC : SOCIAL ASPECTS OF CANCER

Principal
Dr.Mathew P John

Program Officers :
Prof. Laby Cherian Punnoose
Prof. Susan George

Volunteer Secretaries:
Vimal Paul
Sneha S

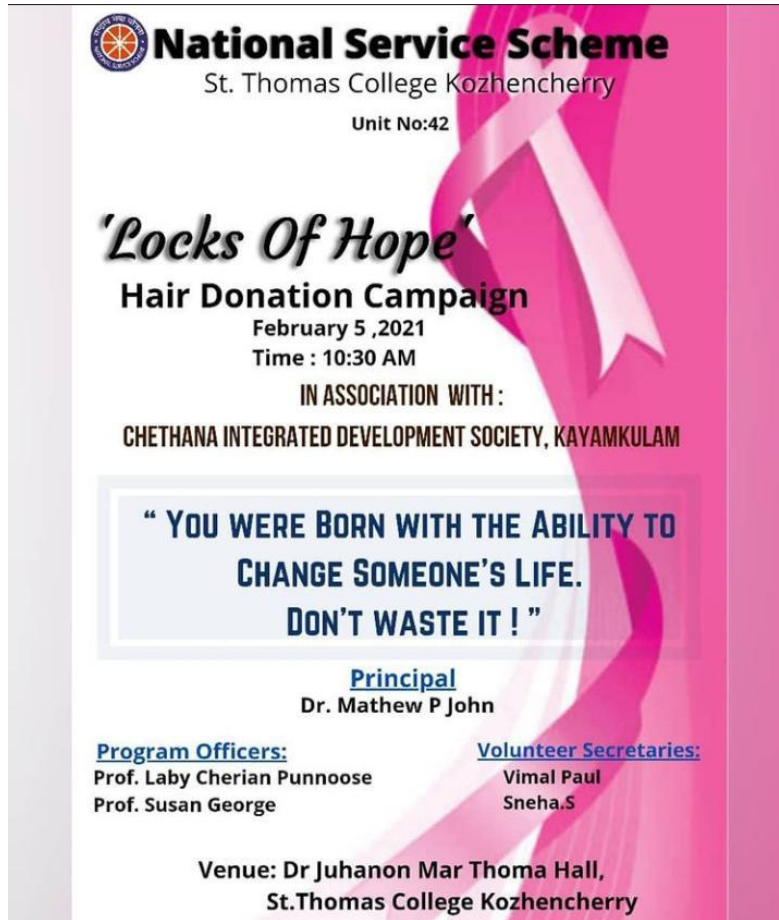
DATE: 04/02/2021
TIME : 4 PM

@Via Zoom Meet



24. Locks of Hope:

A Hair Donation Campaign, 'Locks of Hope' was set up by the Unit on 5 February in association with Chethana Integrated Development Society, Kayamkulam. About 30 people donated their hair. The Unit received a Memento of Appreciation from Amala Cancer Centre for this activity.



National Service Scheme
St. Thomas College Kozhencherry
Unit No:42

'Locks Of Hope'
Hair Donation Campaign
February 5 ,2021
Time : 10:30 AM

IN ASSOCIATION WITH:
CHETHANA INTEGRATED DEVELOPMENT SOCIETY, KAYAMKULAM

**“ YOU WERE BORN WITH THE ABILITY TO
CHANGE SOMEONE’S LIFE.
DON’T WASTE IT ! ”**

Principal
Dr. Mathew P John

Program Officers:
Prof. Laby Cherian Punnoose
Prof. Susan George

Volunteer Secretaries:
Vimal Paul
Sneha.S

**Venue: Dr Juhanon Mar Thoma Hall,
St.Thomas College Kozhencherry**



List of Hair Donors

1. Muskan karim sheikh- D1 History
2. Durga S- D1 Maths
3. Gopika N Nair- D1 Maths
4. Sonia Thomas- D1 Chemistry
5. Sneha Mariam- D1 Chemistry
6. Reshma R- D1 Botany
7. Bintu Joseph- D1 English
8. Aneetta achamma Raju
9. Akhila Prasennan
10. Jyothy Mariam George
11. Raiza Rose
12. Sheena Mathew
13. Jerin Daniel
14. Resmi R
15. Gowri Sudhakaran
16. Athira
17. Sandra Sara Solomon
18. Shone
19. Angel Elza
20. Bilha Sara
21. Sneha Sojan
22. Shelma Dominic
23. Namitha - D2 Bcom
24. Aleena Roy - D2 Malayalam
25. Aiswarya Prasad - D1 Physics
26. Rajalakshmi - D2 Maths
27. Vichitra



The Unit received a Memento of Appreciation from Amala Cancer Centre.

Name of the Conveners: Mr. Laby Cherian Punnoose & Ms. Susan George



COMMITTEE FOR OPEN COURSE ALLOTMENT

The Departments were asked to prepare a short video on the open course offered for the students of UG semester 5. These videos were uploaded on the college website. The following are the courses offered:

Sl. No.	Department	Course Offered
1	English	English for Careers
2	Malayalam	Madhyama Padanam
3	Hindi	Communicative Hindi
4	Mathematics	Applicable Mathematics
5	Physics	Physics in Daily Life
6	Chemistry	Chemistry in Everyday Life
7	Botany	Agri-based Micro Enterprises
8	Zoology	Public Health and Nutrition
9	History	Introducing Environmental History
10	Economics	Fundamentals of Economics
11	Commerce	Fundamentals of Accounting
12	Physical Education	Physical Health and Life Skill Education

The students were asked to submit their order of preference after watching these videos which gave them a clear idea about the courses. Each student was allotted a course depending upon their preferences and the availability of seats in each department, and a provisional list was published. After addressing the grievances of the students, the final list was published. The classes commenced along with the regular classes of semester 5.

Name of the Convener: Ms Susan George

PARENT TEACHER ASSOCIATION

To maintain continued association between parents and teachers and to promote activities of students and for their wellbeing a strong PTA is functioning in the college in accordance with the directives of the Collegiate Education Department of Kerala Government. The PTA extends all possible support to the academic and physical development of college. Every year Annual General Body approves the budget and receipts and payment accounts. There is an executive committee comprising of ten members of which four are parents. PTA assists in curricular and co- curricular activities such as student counselling, Association activities, webinars and seminars, internal examinations, annual sports, arts festivals, granting scholarships to meritorious students, University Youth Festival, publication of the multidisciplinary journal *REYONO* etc. During the 2020-21 four water filters were installed on the campus. Providing noon meals for needy student is a major programme undertaken by PTA. During the Covid 19 Pandemic situation, PTA provided sanitizers and sanitizer-vending machines to each Department.





The following were the office-bearers:

President – Dr. Mathew P John

Vice President – Sri. Benny Puthenparambil

Secretary – Dr. R S Sindhu

Treasurer – Ms. Ria Mammen

PLACEMENT CELL

Activities

Date	Activity	Title	No. of participants
07/08/2020	Webinar	“Upcoming Career Options in Pandemic Times” Jaison Mathew , Placement Officer, Marian College Kuttikkanam	134
23/02/2021	Webinar in association with IQAC and Santa Monica Study Abroad Pvt Ltd Cochin	Webinar on Overseas Education by Ms Nicy Binu, Director, Overseas Education, Santa Monica Study Abroad	84



1. Webinar on “Upcoming Career Options in Pandemic Times” was organized on 07 August 2020. Mr Jaison Mathew, Placement Officer, Marian College Kuttikkanam, was the resource person.

Webinar




Mr. Jaison Mathew
Placement Officer
Marian College
Kuttikkanam

7th August,
Friday, 2020
@
2.00pm

"Upcoming Career Options in Pandemic Times"

Organized by the **Career & Placement Cell** of St Thomas College, Kozhencherry

Online registration link is <https://forms.gle/BUYgvmT8wnm5g1ET6>

For more information contact:-
Dr. Mathew P. John (Principal)
Suresh Mathew George (Coordinator)
Dr. Jaya Jacob M. (Coordinator)
Dr. Praveen S.S (Coordinator)

All UG & PG students are invited
There is **no registration fee** for the webinar.
Platform – Google Meet

St Thomas College, Kozhencherry
(Affiliated to Mahatma Gandhi University, Kottayam & Re-accredited with 'A' grade under 3rd cycle by NAAC)
Kerala State-689 641, Tel : 0468-2214 566 Fax: 0468-2215 543
www.stthomascollege.info E-mail: stthomaskozhy@gmail.com

#stayhome #staysafe#

2: Webinar in association with IQAC and Santa Monica Study Abroad Pvt Ltd Cochin



STUDY ABROAD
WEBINAR
on
Overseas Education
zoom

FEBRUARY 23rd TUESDAY
3.00 pm to 4.00 pm

IN ASSOCIATION WITH IQAC AND PLACEMENT CELL

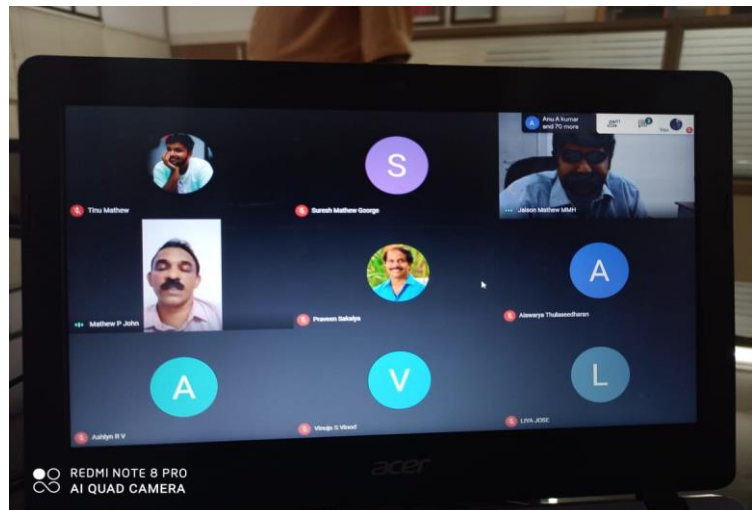
St Thomas College Kozhencherry

Placement Coordinators :
SURESH MATHEW GEORGE
NEETHU MARIAM AJITH

Programme Coordinator :
CHINNU MARIAM CHACKO
PH:+91 8921 280 109

TOPICS COVERED
Benefits / Updates on Overseas Education
Requirements & Application Procedures
Scholarship / Internships / Bursaries
Job Outcomes and Opportunities
PR prospects
Q&A Session

In Association with
Santa monica Study Abroad Pvt. Ltd. 0484 4140999, 9645 222 999
www.santamonicaedu.in



Name of the Conveners: Mr Suresh Mathew George & Ms Neethu Ajith Abraham



STAFF ASSOCIATION

The outbreak of the pandemic, Covid 19, took its toll on the activities of the college. As the Send-off to the retiring staff of the academic year 2019 – 2020 could not be conducted as was wont to at the end the year, the programme was held on 01 January 2021. Dr Mini Rachel Thomas, Associate Professor and Head of the Department of Hindi, Dr. Elizabeth Thomas, Associate Professor and Head of the Department of Botany, and Dr. Jasy Thomas, Associate Professor of Botany were the teachers who retired, while Shri. Babykutty C.V. retired as Specimen Collector from the Department of Zoology. The Manager of the College, His Lordship the Rt. Rev. Dr. Abraham Mar Paulos presided and gave the farewell message on the occasion. Felicitations were rendered by Dr. Jenu Mary Mathews, Dr. Leena Abraham, Head, Dr. Ninu Thomas, and Prof. Issac Abraham, Treasurer of the College and Representative of the Fellowship of Retired Teachers. Dr. Mathew P. John, the Principal in Charge, welcomed the audience and Dr. Elizabeth John, Secretary of the Staff Association, gave the vote of thanks.



Teachers who retired from official service at the close of the academic year 2020-2021 were: Dr. Mathew P. John, Associate Professor, Department of Physical Education and the Principal in Charge of the College, and Dr. Jenu Mary Mathews, Associate Professor and Head, Department of Hindi. The teaching staff of the College gathered on 24 March 2021 in the blessed presence of His Lordship the Rt. Rev. Dr. Abraham Mar Paulos to formally bid farewell to them. Thirumeni presided over the function and delivered the farewell message. Felicitations were given by Mr. Rejy K. Thariyan, Dr. Mini Varghese, Prof. Issac Abraham, Treasurer of the College, and Prof. T. George Varghese, Representative of the FORT. Dr. Elizabeth John, Secretary of the Staff Association welcomed the gathering and Mr. Suresh Mathew George, Secretary, Staff Council extended the vote of thanks. Mementoes to the respective retiring staff were handed over on both occasions by Thirumeni. The melodious notes of the staff choir added charm to the events. The Staff Association partook in the weal and woe of all its members. Presentations were given to newly married members, and funeral wreaths to honour departed souls were placed as a mark of condolence to bereaving members.





Secretary, Staff Association: Dr Elizabeth John

STUDENT CHRISTIAN MOVEMENT (SCM)

Activities

SCM Kerala began its faith journey in 1912 through the participants who met at Serampore University in December 1912 marking the beginning of SCM India. SCM-St. Thomas College Kozhencherry unit plays a key role in the activities of Kerala SCM. During the academic year 2020-21 the unit failed to convene its unit level meeting because of pandemic. Units have its own contributions and involvement to coordinate state level activities. Kozhencherry SCM unit supports the various activities of Anjappam Charitable Society. Dr. George K Alex serves as the Vice-Chairman of the Anjappam.

Date	Activity	Title	No. of participants
30/8/2020	Discussion	National Education Policy Resource Persons: Dr. George K. Alex, (Former Chairperson Kerala SCM), Dr. Deepak John Mathew (Head of the Department of Design. IIT Hyderabad), Dr. Sajeeth Ninan Philip (Former associate of Inter University Center for Astronomy and Astrophysics, Pune)	25
1/8/2020 to 20/8/	WhatsApp-based course in English language training	Fine Tune Your English: SCM English Language Training Programme Felicitation: Ajith PC. (IELTS and ASAP trainer)	16



1/9/2020	Zoom meet	Niravulla Jeevitham: Interactive session with Mr. Shoukath, a popular philosophical writer, and Kerala Sahitya Akademi Award recipient	45
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Name of the Convener: Dr George K. Alex

STUDENT'S GRIEVANCE REDRESSAL CELL

An eight-member committee with the Principal Dr Mathew P. John as Chairman and Dr Elizabeth John as the Convenor constituted the Student's Grievance Redressal Committee of the academic year. The other members on the Committee were Dr Susan Mathew, Dr Saramma Varghese, Mr. Suresh Mathew George (Staff Council Secretary), Dr Jaison Jose and two student representatives, Thejus K. Biju of II M.A. English and Dhanya Raj of II M. Sc Physics.

The Committee met on 16 November 2020 to discuss its objectives and the procedures whereby grievances of students could be solved. The Cell would examine the issues and the complaints raised by the students in respect of matters like admission, harassment, victimization, unfriendly treatment or any other grievance which annoy the student in any way. It would provide opportunities to redress their grievances. It would collect and inspect the complaints/ grievances/ suggestions put by the students on Academic/Administrative/Infrastructural/any other matters in the Complaints/ Suggestion Box or received by the Principal or the Convenor of the Committee.

In considering the grievances before it, the SGRC shall follow principles of natural justice. On receiving a written grievance the Committee will examine the matter and conduct an enquiry into the matter. A report on the decisions taken thereon shall be submitted to the Principal within a period of 10 days from the date of receipt of the complaint. The recommendations suggested by the committee are to be forwarded to the Staff Council for a final decision of the matter.

No grievances from students were received during the year.

Name of the Convener: Dr Elizabeth John

CLUB FOR STUDENT LEADERSHIP TRAINING

Activities

Date	Activity	Title	No. of participants
22-03-2021	Webinar	The significance of Leadership in Enhancing the Well-being among Youth	105

A webinar on the topic "The significance of Leadership in Enhancing the Well-being among Youth" by Dr Blessy Ann Varughese, Assistant Professor, Marudhar Kesari Jain College for Women, Vellore, TN was organized on 22 March 2021 using Zoom platform for the undergraduate students. The webinar was a combination of Psychology and Leadership. Various aspects like the definition, importance, types of leadership etc were covered. Inputs were given using examples and practical scenario. It was an interactive session with Q&A and feedback at the end. A total of 105 students participated.



ST THOMAS COLLEGE KOZHENCHERRY

Re- Accredited by 'NAAC' with 'A' Grade (Third Cycle)

CLUB FOR STUDENTS' LEADERSHIP
in association with
IQAC

WEBINAR

ON

**" The Significance of Leadership in
Enhancing the Well-being among Youth "**

Resource Person

Dr. Blessy Ann Varughese
Assistant Professor
Department of Psychology,
Marudhar Kesari Jain College
for Women, TN

22nd March 2021, Monday
05:30 p.m. IST
THROUGH
zoom

Dr Mathew P John (Principal)
Ms Ann Susa Thomas (Convener)
ORGANISING COMMITTEE
Dr Koshy George
Dr Roshin George
Dr Saramma Varghese
Dr Praveen S. S.
Mr Shinu Koshy
Ms Siby John
Mr Laby Punnoose

Name of the Convener: Ms. Ann Susa Thomas

TUTORIAL /MENTORING CELL

An effective tutorial system is functioning in the college as part of individualised learning programme. This aims to build up healthy interpersonal relationships among students and faculty. Amidst the Pandemic, specific time was allocated in the timetable for tutorial during Wednesdays. All students were divided into small groups under teachers as mentors and all mentors were given the mentor & mentee appointment order for the year 2020-2021 and were provided the mentoring framework. Tutorial cell held meetings where the review of the mentoring was done.

Coordinator: Ms Seeniamma C Chennattucherry

Committee Members

Ms. Ligi George, Dr Mini Varghese, Dr Sneha George Pachayil,

Ms.Vineetha S, Dr Cimi A. Daniel,

Ms. Bettymol Elizabeth Thampy Mr. Job Liyo,

Mr.Job Mathai and Mr. Joel Oommen Muzhangody



UNITED NATIONS ACADEMIC IMPACT-ASPIRE CHAPTER

The student branch of the UN Academic Impact is known as ASPIRE which prioritises, activism and action by students to promote and support the ten universally accepted UNAI principles.

Activities

1. 75 Minute International Conference on 75th Un Year On Sustainable Development Vision- 2030

In connection with the UN day 2020, the chapter organized a 75-minute international conference on *Sustainable Development Vision 2030* on October 26, 2020 at 7p.m. Mr. Arun John (Coordinator, UNAI-ASPIRE), coordinated the event on online platform. Dr. Mathew P. John, Principal, St Thomas College, Kozhencherry inaugurated the event. Mr. Ramu Damodaran, Chief, UNAI, New York and Mr. Saji C. Thomas, patron KFUNAI and former International Civil Servant, New York were the chief guests. The discussion session was moderated by Mr. Suresh Mathew George (faculty member, UNAI-ASPIRE, St Thomas College). Dr. Martiz Kurian and Dr. Anju V. Jalaj (faculty members, UNAI-ASPIRE, St Thomas College) provided technical support for the programme.

St. Thomas College Kozhencherry
Re-accredited by NAAC with A Grade (3rd Cycle)

**UN DAY CELEBRATION-
INTERNATIONAL CONFERENCE**
On
75th ANNIVERSARY OF UNITED NATIONS

CHIEF GUESTS FROM THE UNITED NATIONS

MR. RAMU DAMODARAN
UNAI CHIEF
UNITED NATIONS, NEW YORK

MR. SAJI C THOMAS
PATRON KFUNAI
FORMER INTERNATIONAL CIVIL SERVANT
UNITED NATIONS, NEW YORK

**75 MINUTES CONVERSATION
ON
SUSTAINABLE DEVELOPMENT
VISION 2030**

TEAM UNAI STCK
Mr. Arun John (Co-ordinator)
Mr. Suresh Mathew George
Dr. Martiz Kurian
Dr. Anju V. Jalaj

Sharing a Culture of Intellectual Social Responsibility

2. 'SALATTO' - Diet Plan Competition

To inculcate the value of healthy diet habit and to create an awareness on lifestyle diseases, UNAI-ASPIRE chapter organized a diet plan competition on the theme 'Healthy Diet for Tomorrow'. It was a competition strictly based on Kerala style food plans. Students from various institutions



within Kerala sent their entries. The entries selected after preliminary screening were judged by expert panel comprising Dr. Aswathy, Dietician and Dr. Raishy Arun, Assistant Professor, AJ College of Science and Technology, Thonnakkal. Miss. Sandra Maria, Dept. of Zoology, Kuriakose Elias College, Mannanam and Miss. Krishnaja R., Dept. of Zoology, St Thomas College, Kozhencherry bagged first and second prizes respectively. The winners were awarded cash prizes.



3. Webinar on 'Healthy Diet for Tomorrow'

A webinar on the same theme was arranged on 16 November, 2020 in connection with World Diabetes Day, 2020. The webinar was lead by Dr. Aswathy, Dietician and Dr. Raishy Arun, Assistant Professor, AJ College of Science and Technology, Thonnakkal.

UNAI ASPIRE & HEALTH AND WELLNESS CLUB
ST THOMAS COLLEGE KOZHENCHERRY
A WEBINAR ON
'HEALTHY EATING - AN OVERVIEW'
Chief Speakers

ON
18TH NOVEMBER
2PM
@GOOGLE MEET

Dr Aswathy Gopan
Chief Dietitian,
Medical Trust Hospital,
Kulanada, Pathanamthitta

Dr Raishy R Hussain
Associate Professor,
A J College of Science and Technology



4. Webinar on Sustainability and Quality Education

In association with KFUNAI, St Thomas College, UNAI-ASPIRE chapter organized a webinar on Sustainability and Quality Education on 30 November, 2020 at 7p.m. Mr. P. Sandeep, Central Government Minority committee member served as the resource person. It had participants from different institutions within Kerala. The webinar was inaugurated by Dr. Mathew P. John, Principal, St Thomas College, Kozhencherry. The KFUNAI treasurer and our student Mr. Induchoodan and Miss. Vishnumaya (Student member, UNAI-ASPIRE, STCK) coordinated the webinar.



The poster features logos for UNAI ASPIRE, Sustainable Development Goals, and Quality Education. It includes contact information for Induchoodan R and Vishnu Maya, a registration link, a QR code, and a photo of Mr. P. Sandeep, the resource person.

UNAI ASPIRE
Sharing a Culture of Intellectual Social Responsibility

SUSTAINABLE DEVELOPMENT GOALS
KFUNAI Supports Sustainable Development Goals

4 QUALITY EDUCATION

KFUNAI in association with UNAI ASPIRE Chapter ST. THOMAS COLLEGE KOZHENCHERRY
Jointly Organizing

Distinguished Talk on SUSTAINABILITY & QUALITY EDUCATION

30th November 2020, 7:00 PM IST

Via Google Meet

For Queries, Contact :
Induchoodan R - +91 8129560641
Vishnu Maya - +91 9526828935

Register Here :
<https://bit.ly/362tlm0>

Mr. P. Sandeep
Member, Monitoring Committees for Minority Education & SC/ST/PwD Education
Ministry of Education
Government of India

Facebook: KFonUNAI **Instagram:** unaikerala

5. 'SCIENTIA'- Quiz Competition on National Science Day

The students conducted an intercollegiate quiz competition-SCIENTIA- in connection with National Science Day 2021 on February 28 and March 1st through online platform. They were guided to conduct a poster circulation to convey the message of zero discrimination on 1 March, 2021.



The poster features a central image of an open book with scientific formulas and diagrams. It includes logos for UNAI ASPIRE, Sustainable Development Goals, and St Thomas College. It also mentions the date and platform of the quiz competition.

UNAI ASPIRE
Sharing a Culture of Intellectual Social Responsibility

SUSTAINABLE DEVELOPMENT GOALS
KFUNAI Supports Sustainable Development Goals

UNAI ASPIRE CHAPTER

ST THOMAS COLLEGE, KOZHENCHERRY

SCIENCE DAY QUIZ COMPETITION

1ST MARCH 2021, MONDAY
ONLINE PLATFORM

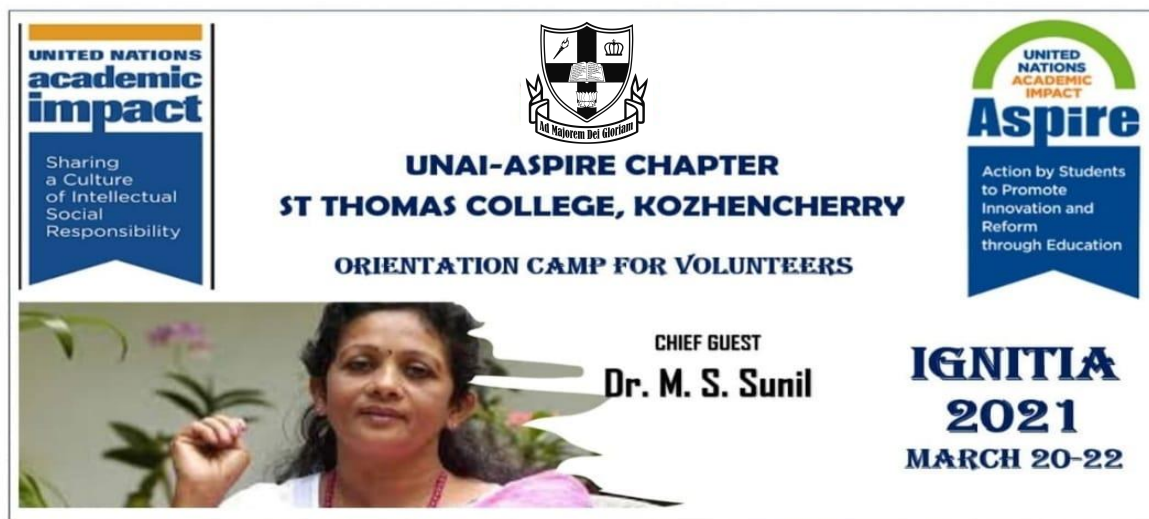
E-Certificates will be issued

Made with PosterMyWall.com



6. IGNITIA- Leadership Camp

The chapter organized an orientation leadership camp IGNITIA for its volunteers from 20-22 March 2021. The renowned social worker Dr. M. S. Sunil inaugurated the programme. 35 volunteers actively participated in the programme. On 21 March, the students celebrated World Forest Day by planting fruit tree saplings in and around their house premises. The students were oriented to develop a Culture of Intellectual Social Responsibility.” SCM, Kerala Team led the training on 22 March on the topic “Ignited Youth, Reformed Nation.” The volunteers who successfully completed the camp were given certificates.



St Thomas College, UNAI-ASPIRE chapter functioned in the academic year 2020-21 under the guidance of following group of teachers:

Coordinator

Mr. Arun John (Asst. Professor of Chemistry)

Members

Mr. Suresh Mathew George (Asst. Professor of Economics),

Dr. Martiz Kurian (Asst. Professor of History)

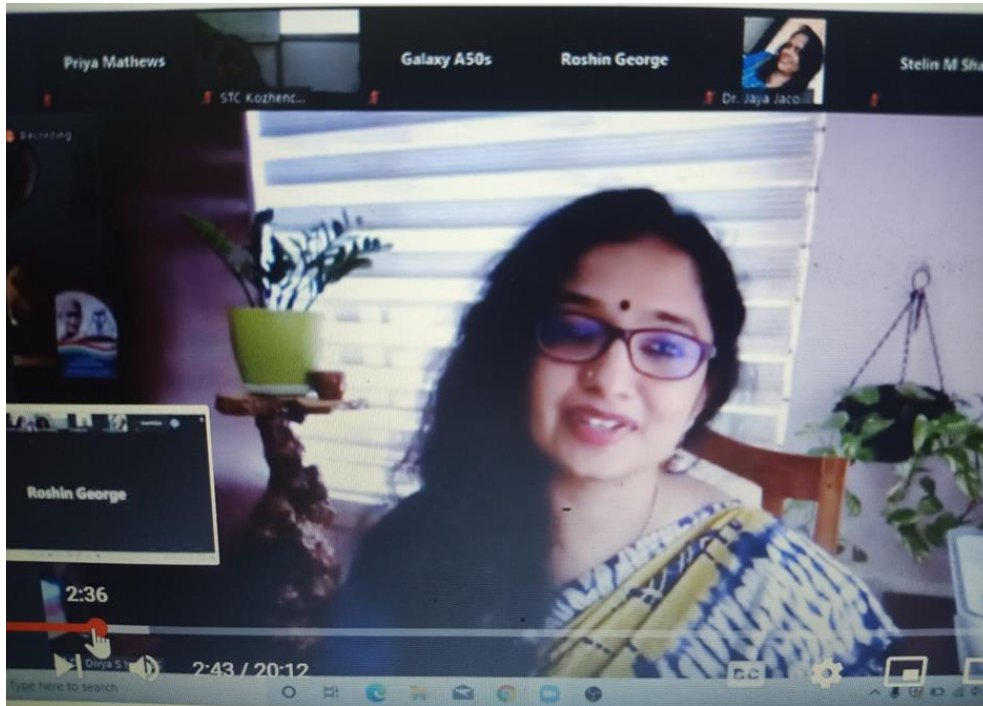
Dr. Anju V. Jalaj Asst. Professor of Botany).

WOMEN'S CELL


Activities

1. The activities of the Women Cell for the academic year 2020-21 commenced (though belatedly due to Covid pandemic) with an **online inaugural function** on 22 January, 2021 at 3 p.m. The meeting was conducted through Zoom platform. Dr. Divya S. Iyer IAS, Mission Director, Mahatma Gandhi National Rural Employment Guarantee Scheme and Director, National Ayush Mission, was the chief guest. In her inaugural address, she encouraged women to discover their own hidden strengths and talents and constantly work on them, which in turn helps them to enter the mainstream. She emphasised on the need of good education and said that women empowerment is actually attained at that time when women can fearlessly express their views in the society. Dr. Asha Susan Jacob, Co-ordinator of IQAC, offered felicitations.





2. In connection with the celebration of International Woman’s Day on 8 March, the Women Cell organized a talk on stress management. The online session “**Stress and Strain: How to Cope**” was handled by Dr. Geethu Parvathy, Junior Resident, Department of Psychiatry, Govt. Medical College, Trivandrum. She explained different types of stress women are facing, especially during the Covid scenario and how to overcome them. The meeting was through Google Meet.


WOMEN'S CELL
 ST. THOMAS COLLEGE KOZHENCHERRY

Dear Sir/ Madam:

Modern life is inevitably characterised by stress and strain. And, the Covid-19 pandemic has now brought in new areas and levels of stress and strain. As always, women and girls find it more difficult to cope up with the situation.

In connection with the celebration of the International Women's Day on March 8, the Women's Cell of St. Thomas College, Kozhencherry is organizing a talk on stress management, for the benefit of the female population on the campus.

The online session '**Stress and Strain: How to Cope**' will be handled by Dr. Geethu Parvathy , Junior Resident, Department of Psychiatry, Govt. Medical College, Thiruvananthapuram on **Monday, 8 March 2021 at 5.00 p.m.** All are welcome.

Please join us on **GOOGLE** platform using the ID which will be provided later.

Thanks and regards.

Prof. Vineetha S, President, Women's Cell
 Prof. Preethy Elsi Thomas, Secretary, Women's Cell
 Prof. Priya Mathews, Treasurer, Women's Cell.
 Ms Alisha Sali, Student Secretary, Women's Cell



3. An introductory class on tailoring/stitching was given to selected girl students. Mrs. Suja Thomas took classes on the basics of stitching.



President: Ms Vineetha S.

Vice President: Dr. Lekha P.

Secretary: Ms Preethi Elsi Thomas

Treasurer: Ms Priya Mathews

Student secretary: Ms. Alisha Sali, PG II English

WOMEN'S HOSTEL

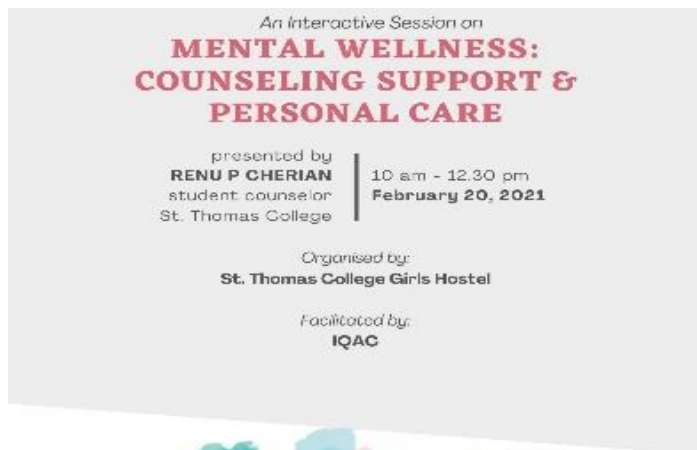
The college provides residential facilities for women students. Presently there are two separate hostels for ladies: One for PG students & Research scholars and the other for UG students. The UG hostel have 15 rooms and can accommodate 75 students. PG hostel can accommodate 50 students. The mess is spacious with a dining hall and kitchen. The prayer hall provides a calm atmosphere for students for meditation. Training for yoga and meditation, stitching classes, and counseling classes are available for the inmates.

Activities

1. Talk on Mental Wellness, Counseling Support and Personal Care

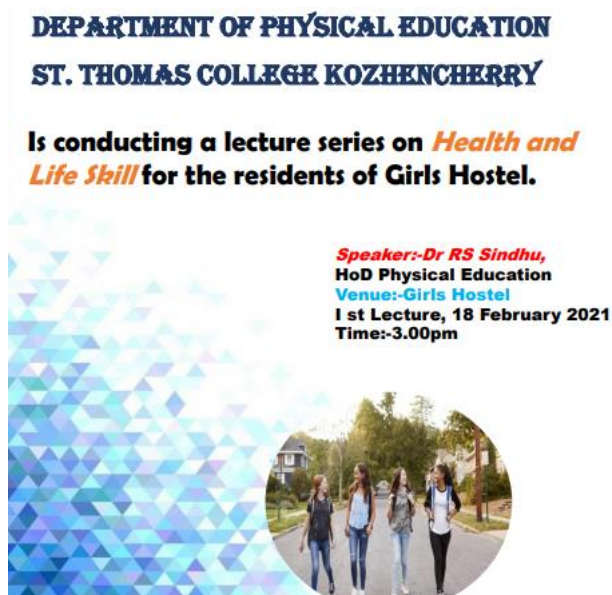
The Counselling Cell of IQAC and the College Hostel Committee jointly organized a group interactive session and an individual counselling session for the hostel inmates, led by Ms. Renu. P Cherian, Professional Counsellor on February 20, 2021, at the College hostel. The theme of the group interactive session was “Mental Wellness: Counselling Support and Personal Care.” The





interactive session focused on understanding and managing emotional stress, the significance of counselling support to alleviate mental stress and tips to maintain mental wellness. Ms Ligi George, Dr. Leena K Cherian and Ms. Priya Mathews were the organizers of the programme.

2. Lecture on Health and Life Skills



The Department of Physical Education St Thomas College Women’s Hostel Committee jointly organized a lecture on “Health and Life skills” on 18 February 2021, 3p.m. at the UG hostel. Hostel Secretary Ms. Sherin delivered the welcome speech. Dr. R.S. Sindhu, Associate Professor and Head of the Department of Physical Education led the session for the residents. She emphasized the need of exercising and practising yoga. Ms. Julie rendered vote of thanks. Dr. Leena K Cherian and Ms. Priya Mathews were the coordinators of the programme.

YOUNG INNOVATORS PROGRAMME (YIP)

Young Innovators Programme (yip) is a specially designed, flagship program under Kerala Development & Innovation Strategy Council (K-DISC), Govt. of Kerala that aims to empower future innovators to innovate new products, services or solutions to meet the emerging era requirements of the State, unarticulated needs, or existing market needs of the society more effectively through an innovative challenge. Keeping with the true intent of the vision of the programme to expose young students to the cycle of innovation and to promote a culture of



innovation in Kerala, YIP is structured around a philosophy of situated cognition and design based learning, and is envisioned to be a massive, open, inclusive, collaborative, institution-based programme aimed at identifying and nurturing young innovators.

St. Thomas college, Kozhencherry is listed as a registered institute so that our students were eligible to apply for the 'maestro challenge.' Maestro challenge deals with inter-disciplinary issues or problems which require a multi-faceted approach to find implementable solutions. This track would also include socially relevant issues which may require intervention in the form of a social enterprise.

The following group of students registered for the maestro challenge with creative ideas under Post Pandemic Innovations.

Group no	List of students	Topic of the idea registered	
1	1. Ann Maria Thomas 2. Induchoodan R 3. Jogi George 4. Nikitha Thomas 5. Arsha Manoj (Dept of Mathematics)	Developing an app to provide more income to the weaker section of villages	
02	1) Sani Kurien 2) Prithvija Dinesh 3) Dhanya Raj 4) Sangeeth V C 5) Bipin Sadasivan (Dept of physics)	A study on autoluminating photovoltaic cell and its applications	

Coordinators: Mr Thomas Mathew & Dr Arthur Varghese



A handwritten signature in green ink, appearing to be "Dr. Roy George K".

Dr. Roy George K
Principal in Charge